

september
2026



From the DG....

Hi fellow Lions and Cabinet colleagues.

Well to say that the month of August has been busy is an understatement. Since my last report I have visited several clubs and heard about the amazing service activities and things happening in their communities. During these visits I have also inducted 7 new Lions.

I would like to welcome those new Lions members into our family of Lions and wish them many years of fun, friendship and satisfying community involvement and service.

I have had the privilege also, of presenting monarch service awards to many dedicated Lions but it was very special to be able to present not one but three, 40 year Charter Monarch awards to members of the Lions Club of Walwa/Jingellic. Congratulations to the Lions Club of Walwa/Jingellic for 40 years of fantastic service to your community.

On the 16th August Steve and I headed off to Sydney for my first Council of Governors Meeting. This was a very interesting but exhausting few days of meetings and dealing with the "business" end of managing the Multiple District.



ANZI - Auckland

Following the council meeting, many of us flew to Auckland, New Zealand for the ANZI forum. As in past years, there was a wide selection of presentations to listen to ranging from AI to marketing strategies and starting new clubs. Constitutional area 7 Trustee; Past International Director Tim Irvine, also spoke about the importance of supporting/donating to LCIF. Currently there is an appeal to help the country of Nepal who are experiencing the aftermath of a natural disaster of epic proportions. I would like to encourage all clubs to consider donating to this appeal. Please forward donations to Cabinet Treasurer Belinda.

Our own District Convention is now less than 2 months away and registration forms have been sent out by Cabinet Secretary Clinton. If you have not been to a District Convention before, they are a lot of fun. They give you the opportunity to meet friends, make new ones and, learn about many of the fantastic projects that Lions are involved with across the nation.

Wishing you all a fantastic September, filled with good projects and good cheer and; as Lord Byron once said" Always laugh when You can. It's cheap medicine"

Yours in Lions Service
DG Alison



Prostate Cancer Awareness: Protecting Men's Health

By Dr Lorraine Wheeldon 201V6 Chairperson for Diabetes and Prostrate Cancer

Prostate cancer is the most commonly diagnosed cancer among Australian men, with more than 25,000 new cases each year. Because early-stage prostate cancer often has no symptoms, many men delay testing—putting their long-term health at risk.

Understanding the Disease

The prostate is a small gland essential to male reproductive health. Cancer develops when abnormal cells grow within the gland. Symptoms, when they appear, may include difficulty urinating, pelvic discomfort, or blood in urine or semen. These signs can stem from other conditions, but they should always be checked by a GP.

Who Is Most at Risk

Risk increases after age 50, and men with a father or brother diagnosed with prostate cancer face double the risk. Men of African ancestry also experience higher incidence rates. Lifestyle factors—poor diet, inactivity, smoking—may contribute. Men over 50, or over 40 with a family history, should discuss regular testing with their doctor.

Early Detection Saves Lives

Testing usually involves a PSA blood test, a digital rectal examination, and, if needed, imaging or biopsy. A simple blood test can identify concerns early, when treatment options are most effective.

Supporting Healthy Living

Healthy habits can reduce risk and improve overall wellbeing: maintaining a healthy weight, eating a balanced diet, staying active, limiting alcohol, avoiding smoking, and attending regular health checks.

The Lions Commitment

Lions Clubs play a vital role in community health by promoting men's health checks, hosting information sessions, sharing reliable resources, and encouraging open conversations about wellbeing. By championing prostate cancer awareness, Lions help protect fathers, brothers, partners, and friends across the community.

A Call to Action

Awareness begins with conversation. Lions are encouraged to remind men - especially those over 50—to speak with their GP about testing. Early detection saves lives, and taking action today strengthens the health of our community.



Wangaratta Lions

Wangaratta Lions Club – August 2026

Sun 2nd August - A great start to the day for the Wangaratta Rod & Custom Club with Egg & Bacon Rolls from Lions Club of Wangaratta at the Showgrounds for their Coffee & Cars morning.

Sat 8 August - A busy morning for Lions Club of Wangaratta serving up sausages outside Woolworths..

Thursday 12 August - Lions Club of Wangaratta honoured two long-serving members, Lion Graham Whitehead and Lion Ray Stamp, with Life Membership at our August dinner meeting. Both Graham and Ray have demonstrated incredible commitment to our club and the Wangaratta community, generously giving their time, energy and experience over many years to the Lions Club of Wangaratta.

Congratulations, Graham and Ray, and thank you for your service and dedication to both Lions and our community.

Lions Club of Wangaratta welcomed Wangaratta RSL representative Craig Iskov and two of the recipients of the 2026 Bob Iskov Kokoda Scholarship to our August dinner meeting.

It was fantastic to hear stories from Beth and Fern, who travelled to Papua New Guinea and trekked the Kokoda Track. Some great stories about their amazing experience along the journey. The Wangaratta Lions club is proud to support the Bob Iskov Kokoda Scholarship and thanks this year's recipients for talking to us about their incredible Kokoda adventure.

Wednesday 26 August - Lions Club of Wangaratta were busy with a Business Breakfast down at Pulvirenti Tiles with 102.1 Edge FM and Lyster McDonalds..



Lavington Lions

Our recent Changeover Dinner was a most enjoyable night held at the UPA Community Room. Wholesome food and conviviality were features of the night.

The new executive is the same as last year being

Lion Susie Harrington - President,
Lion Michael Machin - Treasurer and
Lion Sandra Rafferty - Secretary.

This very strong executive should lead us well in the future endeavours of our Club.

Extraordinary service by members was also celebrated with Lindsay Cutler receiving Life Membership. Lions Bill van Noordennen. Yvonne Holt and Sandra Rafferty also received Chris August Awards for their service to our Club and the wider community. Lion Ray Parker received the coveted Lions Clubman of The Year for his marvellous efforts as Kiosk Supervisor. Congratulations to you all.

The founders of 123Read2Me sent an acknowledgement of that program working at our Club via project organiser Sandra Rafferty.

“Congratulations to you and everyone at Lavington Lions on an incredible year. Delivering 15,953 books this year and 23,540 books since the project began is an outstanding achievement. But, the real success isn't measured in books-it's measured in children. We especially loved seeing the project grow beyond Albury into smaller regional communities and Wodonga. That's a testament to your passion, leadership and the commitment of your volunteers (20)”



Tungamah Lions & Leos

Lions - July was met with our Lions enjoying some well deserved leisure, christmas in July meeting was a bundle of fun with fantastic food and amazing company. Our green canopy project had us planting over 780 trees around our local region. August was spent getting ready for our district governors visit. Absolutely fantastic night with plenty of laughs and a restaurant quality meal prepared by our lions.

Leos - August our LEO's were coming up with new projects planning a brand new line of calenders with photos of Tungamahs beautiful scenery; and deciding on the new date for our Carp Muster on October 11th. The LEOS are also working around the town selling raffle tickets for a load of firewood, with the proceeds going towards the "fight for cancer" foundation. Finally they've been lining up a camping trip later in the year for some fun and revitalisation.



Although this special day will be held in April or May in 2027 it is not too early to start looking for children between the age of 5 to 15 years of age in your community who need to be recognised.

The Children of Courage is not a competition, as every recipient on this Special Day is in fact a winner in his or her own right.

The aim of these awards is to Act as an encouragement for their future, help them to believe in themselves, and help increase their self worth.

There are three categories...

SPECIAL NEEDS. Children with special needs who have shown courage in the face of adversity.

COURAGEOUS ACT or DEEDS. Children who without regard for their personal safety, have been instrumental in the preservation of life and/or property.

OUTSTANDING SPORTING ACHIEVEMENT. Children who have overcome personal hardship and/or disadvantage to achieve a high degree of sporting prowess.

Club nomination forms are available, and the cost of entering a young person for this "Special Day" is \$35.00 per child.

Please let us not forget these Special Children.

Project Chairman Peter Poels

Mob 0448 399 227

Email peter.puddles@yahoo.com.au

Service Coordinator Report

The Lions Portal team at International have just updated the Service Activity process to make entering and reporting service more user friendly.

When you login to the Portal and go to your home page you will see a banner at the top of the page advising you of this event. In the Resource section below click on the Training Videos button which will take you to the Lions Portal YouTube videos. Select the video titled "Service Activities: How to create and report service. (Updated August 2026)" This 12 minute video will walk you through the updated process and discuss the changes which have been made. I have used the new process, and I believe it has simplified the reporting of activities. I am happy to help if you are still experiencing difficulty with any part of the process.



If you are a new Secretary or President in your club and you are unable to login to the Portal, please let me know so that I can work with you to provide a solution.

At present just 60% of our clubs have reported their July activities, so there is still some work to do in this area.

Yours in Lionism and service

Warwick Douglas

Service Coordinator

0427 809 697

Henty Lions



Henty Lions Trivia Night - On 21st August 2026, The Lions Club of Henty organised a Trivia Night to raise funds in support off Riverina Bluebird, a volunteer mental health support group based in Wagga Wagga. We attracted a substantial crowd of about 70 trivia enthusiasts and raised in excess of \$1000 for Riverina Bluebell. The evening helped raise the profile of Lions in Henty and provided an opportunity to invite people to consider Lions membership. This Lions project met with great post event acclaim!

Just a taste of trivia: Which country in the world has the most islands within its borders? Answer next Roar.



Lone Pine Descendant Planted at Henty War Memorial - 27 August 2026. At 11:00 today, a small group gathered at the Henty Memorial Park to plant a descendant tree of the Gallipoli Lone Pine adjacent to the War Memorial. The tree was placed in the ground by Louisa Heycox, an RSL NSW Veteran Member

As part of its commitment to helping refurbish the War Memorial, the Lions Club of Henty organised for the purchase, transport and planting of the Lone Pine. Greater Hume Council prepared the site and provided protections for the Lone Pine plant.



It is to be hoped that, in the years to come, the Lone Pine will grow to be a significant and beautiful backdrop to the rose gardens that are to be planted by local CWA and RSL organisations and to the War memorial itself. The Lions Club of Henty is committed to caring for the Lone Pine as it grows to maturity.

Yarrawonga Lions

Early in August Yarrawonga Lions assisted with the annual Yarrawonga inter school sports netball and football day. The fine weather attracted around 200 participants as well as parents and teachers. I am pleased to report that although no-one went home hungry it was clear to us that the cost of living is affecting everyone. Individually students had less to spend than previous years and most food stall operators reported slow sales. It was still an enjoyable day and it was good to see our next generation of sports men and women starting their junior careers at Yarrawonga. And we had fun too.



Yarrowonga Lions Club



Yarra-Mul Town Garage Sale, Sun 13 Sep 2026

BUYERS

A LIST OF SELLER'S
ADDRESSES AND ITEMS
FOR SALE WILL BE
AVAILABLE AT
YARRAWONGA
SHOWGROUNDS ON 13 SEP
AFTER 07:30 AM, FOR A
DONATION OF \$2.00



SELLERS

SITE BOOKINGS ARE \$20.00
AND CAN BE MADE USING

- TRYBOOKING, LINK IN TEXT ABOVE
- OR MANUALLY AT OUR SAT. MORNING KHUB BBQS

ALL PROCEEDS TO



**All Enquiries to Ollie on
0477 143 336**

Incorp A0013799X, Fundraiser FR0014056, ABN 55995981705

Beechworth Lions

Lions Club Region Junior Public Speaking -

Beechworth Primary School Year 4 student Luke and Beechworth Montessori School Year 6 student Wakana completed in the Lions District 201V6 Junior Public Speaking Region final in Benalla on Sunday 16th August. Luke and Wakana had categories wins in the inter-school competition in July. In answer to a question to the Ovens and Murray reporter Coral Cooksley Luke said that "many people find public speaking hard but it's fun when you get the hang of it, and you learn social skills as well. I gained more confidence and discovered I was capable of public speaking, and I didn't think I would go as far as it did." Wakana said "she learnt skills and gained confidence in speaking in public which will be good for when she heads to high school. I gained lot of confidence from taking part".



Beechworth Lions Disbursements - At Beechworth Lions Club August Dinner/Business meeting it was decided that club disbursements would be awarded to Firefighter Stair Climb in September supporting Josh Kardol, Stanley CFA, Australian Lions Foundation, Beechworth Primary Schools of a book voucher to \$50 to each school to be awarded to a Year 6 student determined by the school and finally the Christmas Community Lunch. This will be ratified at the August Dinner/Business Meeting.

Zone 8 Chairman - Beechworth Lions President John Eldrid and Secretary iris Mannik had the pleasure of an afternoon tea meeting with Zone 8 Chairman Rick Rickard at Miss Amelia's in Beechworth. I would like to thank him for a very productive and enjoyable meeting from what I am sure is his very busy schedule. It also was a good chance to talk to him about the difficulties of recruiting new members but at the same time, small club as we are, how we are a very productive club.

Junior Public Speaking Finals - Zone 5 & 6

The Region Final was held in Finley on Sunday, 16 August with students from Barooga, Cobram, Finley, Jerilderie, Katamatite, Strathmerton, Tocumwal, Tungamah, and Yarrawonga participating.

YEAR 3/4 "If you could go on a holiday anywhere in Australia, where would you go and why? Tell us about it, what can you see and what can you do there?"

Kate (Barooga) - Kakadu, NT

Aidan (Cobram) - Hamilton Island, QLD

Sebastian (Finley) - Queensland

Harry (Jerilderie) - Coolibah Station, NT

Marcus (Strathmerton) - Brisbane, QLD

Lenny (Tocumwal) - Sydney, NSW

Tyson (Tungamah) - Coober Pedy, SA

Zalie (Yarrawonga) - Sydney, NSW

YEAR 5/6 "If you could have dinner with anyone in the world (a real person past or present), who would it be, and why, and what would you serve them for dinner?"

Harper (Barooga) - Freya Skye

Alice (Cobram) - Steve Irwin

Imogen (Finley) - Grace Nweke

Stella (Katamatite) - Michael Jackson

Flynn (Strathmerton) - Mick Cleary (his grandfather)

Elyana (Tocumwal) - Yungblud

Farley (Yarrawonga) - Sir David Attenborough

The 5/6 students then answered the impromptu question "If you could be famous, what would it be for?" Responses included a few singers, curing Type 1 Diabetes, a baker, a footballer, and a test cricketer.

Judges - Veronica McNught, Jenny Philpot and Tess Dean spent a great deal of time deliberating on the results, revealing that it was a very tight competition across both age groups.



Rochester Lions

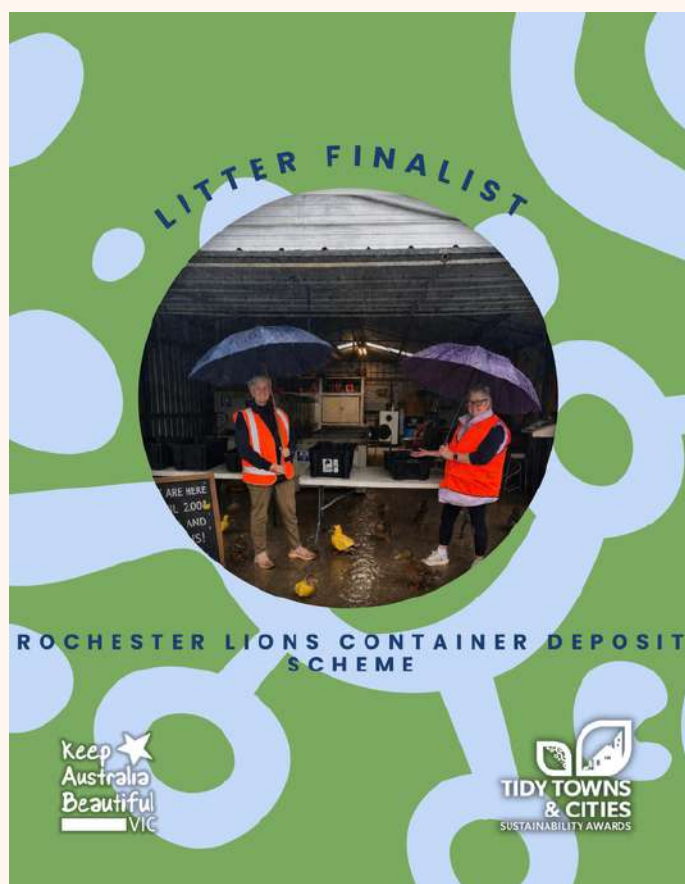
Rochester has had a full month.

Junior Public speaking finals for zone 3 and final for Zone 3 & 4 being held on 16th August. Our Juniors have been confident, enlightening and funny.

District Governors meeting in Rochester with Alison and Steven. 4 new members inducted and Service Chevrons presented to four members all over 20 years of service to lions. Exchange of bannerettes, and presentation of tree which has been planted at our resource depot.

On 28/4 we commenced the Rochester Lions container deposit scheme, a roaring success. Financially and socially.

So many more community members engaged with lions and volunteering at the depot. We have been selected as a finalist in the Tidy Town awards for the Litter Category. Decision will be made on the 30th sept. We are very excited about this award.



Moama Lions

Moama and Echuca Lions Clubs came together for the annual District Governor's visit, joined by First Vice District Governor Mark Nordbye from the Numurkah Lions Club and Zone Chair Anne Chirnside from the Rochester Lions Club.

Mark spoke about District Governor Alison Kazenwadels vision for the year, as well as his own priorities and goals, which was interesting and informative.

Bannerettes were exchanged between the clubs, adding to the fellowship of the occasion.

Thank you to Mark and Anne for visiting us and sharing such valuable insights — we thoroughly enjoyed your presentation and company.



Cobram Lions

Cobram Lions Members have been out planting some trees to replace those lost in the fires in January in the Yarraweyah and Muckatah Bushfire area. This is a starting point to the club being involved in the environmental Lions Green canopy Project. This is going to be an ongoing project for all this area to get involved with, not just Cobram Lions members.

Not just for this area was destroyed , but for all other areas also impacted by the recent bushfires.

There have been a large number of trees lost that have been cleaned up and now the area requires revegetation to allow for the green corridors to return for the native flora and fauna, to return to the area. 80 trees have so far been planted with more to follow later on.

Cobram Lions hosted their Annual art Show on the weekend of August 15th and 16th.

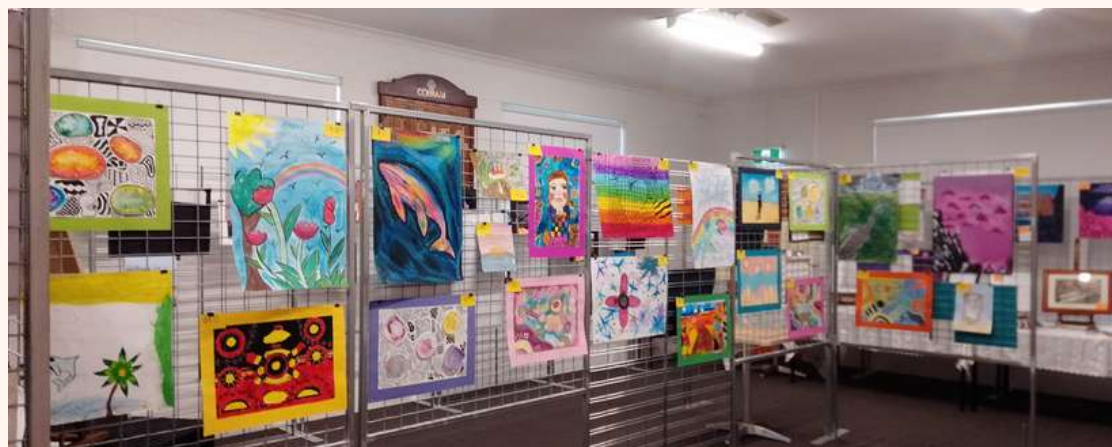
what a magnificent display of artwork was entered this year. 97 entries across the whole Art show.

The Lions International Peace Poster Competition was incorporated within this art show. There were 14 entries this year in the Peace Poster, the winner of this year's Peace Poster was William Burns, from the Cobram Anglican Grammar School.

Also on the 16th August, Cobram Lions had 2 students representing Cobram in the Junior Public Speaking competition at Finley, for the regional final.

Congratulations to Cobrams grade 5/6 entrant Alice Lebner who won the regional final for grade 5/6. We are looking forward to attending the District Final in Yarrawonga on August 30th.

There is much excitement in the club,as we get ready for the Cobram Lions market on August 29th, it's the first time we have had all the sites booked out. A first for the club and it will be a brilliant market for Cocbram and surrounds locals to enjoy





Vale

Robert (Bob) Knight OAM

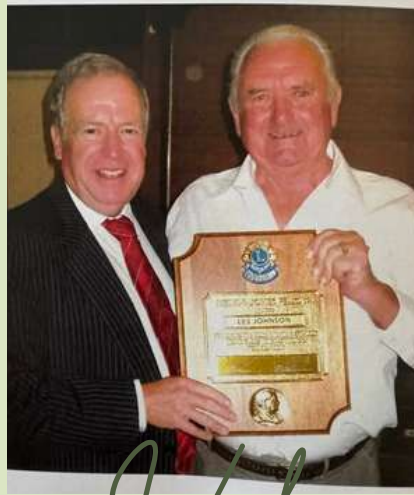
Much loved and admired member of the Rochester Lions Club for 38 years of Service.

Bob joined Lions in 1988. He has been an active member, taking on President and Secretary roles over this time.

He was a founding member and driving force behind the Sports Museum Committee. He remained serving on this committee, in an advisory capacity until his passing. Always a smile and joke to share.

Bob served with many other organisations in Rochester, awarded OAM in 2019, for his Lifelong volunteering service. Rochester football club, Rochester Golf Club, Rochester Bowls and Rochester Lions.

At the same time being a great Family man, and wonderful friend to many.



Vale

Leslie Johnson

Lion Leslie Johnson served Lions Clubs International with exceptional dedication across multiple clubs and leadership roles over many years. Leslie's service included terms as Club President of Bundanoon and Corowa, Zone Chairperson for District 201N2, District GMT Coordinator, Club Secretary, Treasurer, Membership Chairperson, and LCIF Coordinator. Through steadfast leadership, commitment to membership growth, and support of Lions' humanitarian mission, Leslie made a lasting contribution to the Lions community and the many clubs and districts fortunate to benefit from that service. Leslie's legacy of volunteerism, leadership, and service above self will be remembered with gratitude and respect.



Vale

Peter Niall

Peter was a dedicated and hardworking Lion from the day he joined our club in October 1985. Over 40 years of service, he held almost every club office, including President (1990-91), Secretary, Convention Treasurer and Chairman, Tail Twister, Lion Tamer, Youth of the Year Chairman, Membership Chairman, and many more. His greatest passion was serving as Australia Day Celebrations Chairman and MC.

At District level, Peter's pinnacle achievement was serving as District Governor in 2014-15, following many years as District Treasurer, Vice District Governor, Regional and Zone Chairman, and committee member.

Among his many honours, Peter was especially proud of receiving the Melvin Jones Fellowship in 2000-01.

Peter will be greatly missed for his devotion to Lions, his knowledge, quick wit, and kindness.

Benalla Lions

On Saturday 1st August the Benalla Lions Club travelled to Wangaratta for a Bunnings BBQ, which was another very successful day selling out of our original order and having to buy more. This is a terrific day, meeting quite a few of interesting young people and their parents, thank you to our hard workers, Chris and Helen Vaughan, Peter Brown, Anna Lynch, Ian and Yvonne Capp, Loch Lidgerwood, Corie van Beek, Peter and Margaret Poels. Highlight of the day was when a member lost his car keys, after everybody spent quite a time looking for them, and then a suggestion was to enquire at the Bunnings desk and that's where they were eventually found, thanks to a customer.

Sunday 2nd President Peter Brown, Secretary David Lowing and Peter and Margaret Poels attended the Zone meeting at Rutherglen. Stuart Whisson spoke of Membership and the Action Team, which was very interesting. Peter Poels spoke about the "special day" for Children of Courage.

The V6 Junior Public Speaking Region 4 Final was held in the Benalla RSL Hall, on Sunday 16th August. An audience of 60 people listened to 8 Students from Corowa, Wangaratta, Beechworth and Benalla present their speeches. Year 3 – 4 students were Macey from St Joseph's Primary School Benalla, and Macey's dream holiday was Hamilton Island Queensland. Patrick attends Wangaratta West Primary School, and he spoke about visiting Cooper Pedy. Isabelle attends St Mary's Primary School Corowa, and she would like to go to the Great Barrier Reef. Luke attends Beechworth Primary School and he told the audience why he would like to go to Diggi Park in Sydney. Most Outstanding Speaker was Isabelle and Runner Up was Patrick.

Year 5 – 6 Students were Bernice who attends P12 College – Waller Street Campus Benalla and she would like to have Nelson Mandela for a Dinner Guest. Hypatia attends Cathedral College Wangaratta and she would like to invite Leonardo da Vinci as a Dinner Guest. Imogen attends Corowa Public School and would also like to have Leonardo da Vinci as her Dinner Guest. Wakana attends the Beechworth Montessori School and her Dinner Guest would be Milly Bobby Brown.

The Impromptu Question was "Why Failure is actually a good thing"? Explain.

The Most Outstanding Speaker was Hypatia and the Runner Up was Imogen.

Both Isabelle and Hypatia will now present their speeches at the District Final in Yarrawonga on Sunday 30th August. Judges for the Final were Leading Senior Constable Chris Di Ciero. Benalla Fire Brigade Captain Charlie Sexton and Benalla Rural City Councillor Puna Gunaratne all agreed that they were amazed with the research the students had done and how well they spoke, we sincerely thank them for accepting this difficult task.



Benalla Lions continued....

We would like to thank Benalla RSL President Paul Hartland for the use of their Club facilities, and also thank the RSL Ladies committee for the afternoon tea.

The Captain of the Benalla Fire Brigade Charlie Sexton was a Guest Speaker at our Club Meeting on Thursday 20th August and spoke about the "Thermal Heat Camera's" and he was assisted by fireman Alex Walker and they both demonstrated how these cameras work when used in fire situations.

The Benalla Lions Club donated enough money in their Clubs Disbursements, so that the Fire Brigade can purchase three of these cameras which was a decision made after the fires in January.

The Benalla Craft and Farmers Market was unfortunately cancelled on Saturday 22nd August due to the wet weather. The Market site was under about 1 meter of water the week before. Thank you to Chris Vaughan for cleaning the tables and chairs. Chris and President Peter Brown also managed to remove all the electrical appliances and perishables belonging to the Welfare Kitchen, from under the Library before the water invaded the storage room.

The Benalla Lions Club were asked to cater for the North East Tracks Tradies Toolbox Roadshow at the P12 College on Thursday 27th August. President Peter and Jan Brown, Chris and Helen Vaughan, Anna Lynch, Phil Littler and Dan Brown cooked 150 egg and bacon rolls, which was a great commitment by our Club members and two "Friends of Lions".



The Victorian Lions Cancer Foundation is seeking two representatives from each Victorian District to serve as Trustees. Trustees are welcome to attend our bi-monthly meetings, and may be called upon to represent their District if the appointed Trustee is unavailable. All meetings are held via Zoom.

The Foundation has asked each District's Trustee to identify someone who may be interested in assisting in this role for V6. The position is not arduous, but it is important. The responsibilities include:

- Attending the bi-monthly Zoom meeting on the second Wednesday, if you wish
- Representing V6 at a meeting in my place should I be unavailable
- Assisting me in promoting the Foundation across our District

If you—or someone you know—would be interested in supporting this work, please feel free to contact me. I would be very happy to discuss the role further.

IPDG Paul Shortis

V6 Trustee

Victorian Lions Cancer Foundation

Junior Public Speaking - DISTRICT FINALS

What an inspiring day of confidence, courage and communication at the Lions District 201V6 Junior Public Speaking District Final, hosted by Yarrawonga Lions Club. Students from across all five Regions of District 201V6 took part in today's District Final, representing Lions Clubs from Cohuna, Lockington, Barooga, Corowa, Yackandandah, Numurkah, Cobram, Wangaratta and Thurgoona.

The quality of the presentations was outstanding, and every student should be proud of their achievement in having the courage to stand before an audience and speak with such confidence. The judges certainly had a difficult decision to make!

Year 3/4 Section Topic: If you could go on a holiday anywhere in Australia, where would you go and why? Tell us about it.

Runner Up: Kit M

Lions Club of Barooga (Barooga Public School)

Winner: Isabelle P

Corowa Lions Club (St Mary's School Corowa)

Year 5/6 Section Topic: If you could have dinner with anyone in the world, who would it be, and why, and what would you serve them for dinner?

The Year 5/6 students also demonstrated their ability to think on their feet through Short Impromptu Speeches.

Runner Up: Hypatia F

Lions Club of Wangaratta (Cathedral College Wangaratta)

Winner: Noah W

Thurgoona & District
Lions Club (St Anne's
North Albury)

Congratulations to
our District Winners,
Isabelle & Noah!

We wish them every
success as they move
forward to represent
Lions District 201V6
at the State Final,
to be held in
Wangaratta on
20 September.





Roar for Wellbeing is Back - Please Join Us!

Join Lions across Australia in promoting mental health and wellbeing this October as part of Mental Health Month

We are thrilled to announce that Roar for Wellbeing is returning for 2026, and this year, we want to make it bigger, bolder and more impactful than ever. Our 2026 event packs are proving to be very popular with half already claimed - don't miss out...

After an extraordinary inaugural campaign in 2025, the Australian Lions Wellbeing Foundation is proud to once again invite Lions Clubs across Australia to Roar for Wellbeing during Mental Health Month in October 2026.

1. Download Your Club Host Guide

Download our club host guide for event inspiration, ideas and resource information. Your event can be big or small, simple or creative. -

<https://alwf.org.au/wp-content/uploads/2026/08/Roar-for-Wellbeing-Pack-2026.pdf>

2. Register your event/activity and claim your Free Host Event Pack

Tell us what you're planning - big or small - and claim your free resource pack.

<https://alwf.org.au/roar/>

3. Host your wellbeing event / activity

We'd love to see your Club in action hosting your event. Send us your stories and photos on social media or via email so we can share them nationwide and showcase how Lions are supporting mental health and wellbeing.

NEED IDEAS?

Here's what clubs did in 2025...

Whether your club is large or small, city or regional, there's an idea for you:

- Morning teas and Coffee & Chat events focused on social connection.
- Community Wellbeing Walks and 'Walk & Talk' events combining movement and conversation
- Health and Wellbeing Expos partnering with local health services
- 'Out of the Shadows' memorial walks and suicide prevention events
- School poster competitions promoting Tune In Not Out (TINO)
- Guest speaker evenings on mental health, dementia and community car
- Participating in a community Mental health event

2026 Roar for Wellbeing Challenge

Wellbeing touches all parts of our life, and it's as important for communities, our Clubs and our members as individuals.

This year can your Club promote wellbeing across all 3 areas?



1. Community Wellbeing

An event or activity that raises awareness in your broader community



2. Club Wellbeing

Internal activities that boost the wellbeing of your Club culture



3. Club Member Wellbeing

Activities that improve the mental health and wellbeing of your Club members

Whats Hot on Social Media....



Finley Lions Club members at their regular Saturday morning wood raffle. Several members were also present at the Pink Golf Day event held on Wednesday 12th of August when over 100 golfers participated. Finley Lions Club provided the barbecue which kept players energised

Walwa Jingellic celebrated 40 years of charter in fine style!



MOYHU LIONS GARDEN EXPO

**SATURDAY 17TH
OCTOBER 2026
MOYHU LIONS PARK,
MOYHU
8AM-12PM**

**CONTACT
STALLS
DONNA- 0408297739**

**DISPLAYS AND
COMMUNITY GROUPS-
NICOLE 0458512903
moyhu.vic@lions.org.**

Zone 2 DG visit with Alison & Steve Kazenwadel. Lions club members from Cohuna, Leitchville & Gunbower joined together at Gunny Workshop Cafe, great meal & fellowship.

DG Alison Kaz presented the 3 clubs with a tree to plant as part of "Green Canopy" project. Cohuna Lions planted our tree in the new garden at the Cohuna ALA. c celebrated 40 years of charter in fine style!

DG Alison & PDG Steve visited the Cohuna Authorised Landing Area to inspect the results of the Federal Government Grant upgrades.





Registrations are officially open to the Lions community for Lap the Map 2026, get involved today! Scan the QR code or head to the link below.

This November, Lions Assistance Dogs is calling on Lions Clubs and members across Australia to come together and collectively Lap the Map of Australia, raising much-needed funds to support our Medical Assistance Dog Program. Your fundraising will help us provide life-changing Diabetic Alert Dogs to Australians living with type 1 diabetes, free of charge.

Whether you choose to walk, run, swim or get involved with your Club, every kilometre and every dollar raised will help us continue providing Assistance Dogs to people who need them.

When you sign up, if you contact us, you can receive a digital welcome pack filled with everything you need to get started, including posters, bunting, fundraising materials and other digital assets to help promote Lap the Map within your Club and community.

There are also plenty of rewards to earn along the way! Sign up with your dog and receive a free Lap the Map bandana, then start fundraising to unlock even more rewards:

\$100 raised: Lap the Map dog treat pouch

\$150 raised: Lap the Map drink bottle

\$300 raised: Lap the Map cap

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\$150 raised: Lap the Map drink bottle

\$300 raised: Lap the Map cap

With registrations now open, there is no better time to get your Club, family, friends and four-legged companions involved. Together, we can Lap the Map and help give Australians living with type 1 diabetes greater independence, confidence and peace of mind.

Register now at:

www.lapthemap.com.au

If you have any questions about Lap the Map or how your Lions Club can get involved, contact:

V6 Assistance Dogs Chairperson

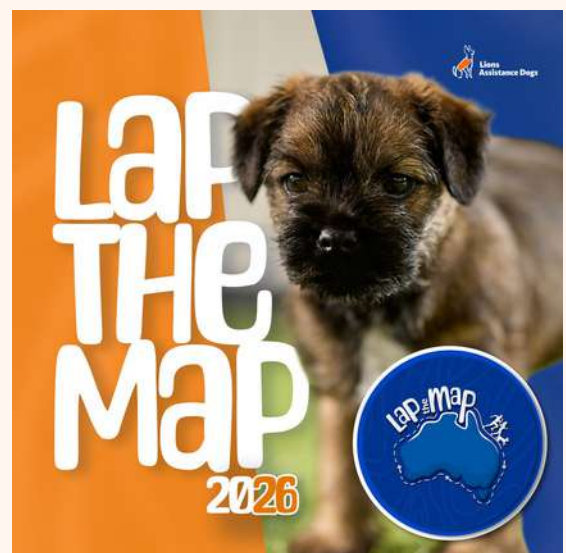
Michelle Wild

0411 533 339

v6.assistedogs@gmail.com

There are also resources available for your club at the Map the Lap website -

[Lap the Map Resources](#)



Lions Assistance Dogs

This month I have visited the Numurkah Lions Club. It was a great meeting of a very enthusiastic team. They have some exciting news to share. So you'll need to read next month's edition to find out about this. I can't wait to let you all know.



As we look ahead to November, we are excited to once again be running Lap The Map in support of Lions Assistance Dogs and our Medical Assistance Dog program for Type 1 Diabetics.

For those of you who are new or have not heard of "Lap The Map ", here are some details: Lap The Map is a peer-to-peer fundraising challenge held throughout November.

Our goals

1. Collectively Lap the Map of Australia (25,760 km!)
2. Raising vital funds for our Diabetes Alert Dog Program

Lap The Map is a wonderful opportunity for Lions Clubs to get involved, have some fun, walk some kms and help raise awareness and funds to support the work of Lions Assistance Dogs and the people we assist.

I would love your help in encouraging your members to get behind this event and take part. Whether your Club participates as a team, or members and communities get involved, or simply help spread the word, every lap makes a difference! Together, we can make Lap the Map a fantastic Lions event while helping raise vital funds and awareness for Lions Assistance Dogs.

Numurkah have already made plans for their 'Lap The Map' event to be held on Sunday November 8th this year. I will be attending, so pop along and say "Hi" if you are in the area. This week, Tungamah Lions made arrangements for their "Lap The Map" event. It will be held on Tuesday November 10th. So if you would like me to attend your event, please get in touch quickly, as my calendar is filling up fast. It is also a great opportunity to show off the new Assistance Dogs merchandise and the 2027 Calendar should be available by then as well.

REGISTRATIONS ARE NOW OPEN! Registering is easy!

1. REGISTER

Visit the website, click Register and follow the prompts.

<https://lionsassistedogs.com.au/lap-the-map/>

2. CHOOSE HOW YOU'LL TAKE PART

Individual | Team | Lions Club

3. BRING YOUR DOG!

Register your dog to receive extra goodies!

4. SET YOUR GOALS & HAVE FUN!

Walk, run, ride and get your family, friends or colleagues involved.

Lions Assistance Dogs continued....

Already participated before? Simply log in and register again.

Track your activity through: Fitbit, Strava, Map My Fitness or Garmin Or add your activity manually

How to get Support - Share your fundraising page via the Unique link; get your family, friends and supporters involved. Collect donations either online or offline. **In a team?** Your kms and donations automatically count towards your team.

Reminder all donations over \$2 are tax deductible

BONUS PRIZES

A/ Register with your dog

Receive a FREE Lap the Map bandanna

B/ Raise \$100

Receive a FREE dog treat pouch + Black Hawk food samples

C/ Raise \$150

Receive a Lap the Map water bottle

D/Raise \$300

Receive a Lap the Map cap

Plus, giveaways! Keep an eye on Lions Assistance Dogs social media for your chance to win!

If you need any further support, information or a Lap the Map resource pack (either digital or physical), please reach out to the Lions Assistance Dogs Development Team or myself if you have any further questions

Lastly, I will be attending the Zone 6 meeting being held on September 20th, at the Tungamah Lions Club Rooms, 42 Middleton Street, Tungamah Vic 3728.

So we can catch up there if you would like. But of course, I'd also love to come and visit your Club or Zone and I'll bring the new merchandise for you all to see.

Thank you for your ongoing support and for helping to continue the success of Lions Assistance Dogs.

Michelle Wild

District 201V6 Chairperson Lions Assistance Dogs Australia

Ph: 0411 533 339

Email: v6.assistancedogs@gmail.com

Lions Assistance Dogs

lapthemap@lionsassistancedogs.com.au

<https://www.lionsassistancedogs.com.au/>



Lions Eye Health Program

The Lions Eye Health Program has commenced for 2026 now for our District. So far we have 4 schools requesting screenings. For these school screenings we are planning to visit the schools on October 15th and 22nd.

To facilitate these bookings some of the trained LEHP Lions members have been approached to help on these days.

Cobram, Mulwala and Yarrawonga schools have been booked in so far.

Your clubs in V6, can also be involved in this very worthwhile program, for the benefit of your local schools and the students.

Lions members do need to be available to assist with their local schools screenings.

There is a process that needs to be followed. It is not hard, and does not take a lot of time, or expense.

There is the opportunity to become a screener coming up very soon, and assist at your local schools with screenings.

What is Involved is probably what you are thinking ? Here is the answer.

There is a proposed face to face training session planned for Mid September, for Lions members.

Before attending this you are required to do an easy online training session, and then when the team of screeners is attending a local school, a final assessment is completed. If everything is completed, You are then signed off to become a Screener. Ready for future LEHP screenings, at your schools, and other schools nearby.

If every club has a few trained screener members, the process of booking schools will be a lot easier. Everyone is busy in this day and age, so why not join the screeners available, so we can extend our wings to include more of the District schools.

All members will need to have a valid Working With Childrens Card, which varies between states.

The cost for a club is \$4/ per member as a tagged donation to LEHP. Once this donation has been forwarded, the training is available free.

Please contact me if you require any further information on 0428 458 242.

I look forward to being able to assist in increasing the number of students that the District V6 lions has screened.

Thank you, **Janet Austin**

LIONS CHRISTMAS CAKE DECORATING COMPETITION

2026



If your club is looking for a challenge then this may interest your club and its members.
The Annual Cake Decorating Competition.

I challenge your members to have a go and make this a social time, having a go and enter into the competition, your Lions members will certainly have a lot of fun and fellowship when it comes time to decorate a Lions Cake.

An entry form is attached below. If you require extra copies then please photocopy as required.

The rules and regulations are simple and are published below.

Your entries need to be lodged at the Merchandise display no later than 10am on the Saturday of the convention. They can be submitted once the cake display has been set up.

Judging will take place on the Saturday afternoon and the announcement of the winners will be announced Saturday evening.

So... organize yourself and your team and enter this decorating competition. Good luck and Happy Decorating.

Cake Decorating Competition Rules

The task is to decorate one Lions Christmas Cake and only Lions Christmas Cakes will be accepted. The decorations can be any theme, not necessarily Christmas.

This is a team competition, with teams of up to four members, who may be Lions, Leos or partners.

There will be four sections:

- All male teams
- All female teams
- Mixed male and female teams
- Leos

Judging will be done on a handicapped system taking into account the experience (or lack of experience) of team members.

Hand made decorations will receive more points than bought ones.

Judging will take place on the Saturday of the Convention.

The judge's decision is final and no correspondence will be entered into.



Lions District 201 V6 Convention KERANG 2026

Lions Christmas Cakes Cake Decorating Competition **Entry Form**



Club: _____

Team Members Names:	Percentage of decorating done by each member.	Category (see below)
1		
2		
3		
4		

Categories:

Choose the Category that best describes each Team Member

- A. We / I have only ever eaten Cake
- B. We / I have Decorated the Kids Birthday cakes when they were young
- C. We / I have Done some Serious Cake Decorating
- D. We / I'm an Experienced Cake Decorator

Decorated Categories Themes:

- Traditional Christmas Cake
- Classical
- Novelty

Is this the first time your Club has entered the Cake competition? Yes / No

Do you need your decorated cake back? Yes / No

OR will you donate cake to DG auction Yes / No

Helpful Links

District Governor

Alison Kazenwadel

0407 229 907 ~

dg.v6@lions.org.au

thewaterlily21@outlook.com

PDG District Governor

Paul Shortis

0407 854 829 ~

pshortis52@gmail.com

Cabinet Secretary

Clinton Cathro

0427 102 541 ~

cabsec.v6@lions.org.au

Cabinet Treasurer

Belinda Cooper-Green

0479 114 275 ~

cabtreas.v6@lions.org.au

Welfare Officer

Sandra Temple

0467 259 722

rev.sandra.temple@gmail.com

PR, Newsletter, Social Media & Website Chairperson

Jo Guthrie

0428 366 220 ~

v6roar@gmail.com

Information Technology (IT) / Website

Aydan Stark

0484 249 521



Are YOU following us....



Facebook

<http://facebook.com/201V6Lions>

Member's Only Group

<https://www.facebook.com/groups/676430540448974>

Instagram

[Instagram.com/lionsdistrictv6](https://www.instagram.com/lionsdistrictv6)

(@lionsdistrictv6)

