



A newsletter for Lions across the V6 District

August 2025

## INSIDE YOU'LL FIND MORE...

District  
Changeover

Club News

Junior Public  
Speaking  
Updates

Australian Lions  
Foundation

International  
Convention -  
Orlando

and lots more...



Can you find me  
inside the ROAR?  
Keep your eye's  
peeled - I'm hiding  
somewhere.

## It's official! Congrats DG Paul

Lynda and I attended the International Convention in Orlando, Florida at the Orange State Convention Centre from July 13-17, along with about 9,500 participants from over 150 countries. On the morning of the 12th, about 750 District Governor Elects and their partners attended informational sessions on Lions topics, followed by District Governors Elect training in the afternoon.

July 13<sup>th</sup> to 16<sup>th</sup> - The Exhibit Hall was open for the conventioners where they could discuss with staff any issues they had at the various stands such as Lions Clubs International Foundation, Helen Keller Experience, Lion Portal, Member Service Centre, Peace Poster Display, 2026 Hong Kong Convention Host Committee, Pin Traders, Service Projects, Legal Finance and District Club Administration, Lions Shop.

14<sup>th</sup> July - The Parade of Nations was held in the morning to beat the humidity of the Orlando afternoons the Australian contingent



DG Paul and Lion Lynda visited the Kennedy Space Centre while in Orlando.



DG report continued.....

were led by our nomination for 3<sup>rd</sup> International Vice President PID Tony Benbow and wife Sue, PID CA7 LCIF Chair Tim Irvine and his wife Penne, Executive Officer Rob Oerlemans and for the last section PIP Barry Palmer, by the way Matilda won best Float.

15<sup>th</sup> July - The first business sessions started at 9am till 12noon where we had the flag ceremony, outgoing presidential speech a special tribute to Helen Keller as it is the 100<sup>th</sup> Anniversary of Helen Keller's challenge she made at the 1925 convention in Ohio to lions to become the Knights of the Blind, and we heard the nomination speech given by Tony Benbow for the 3<sup>rd</sup> International Vice President this left the afternoon to ourselves to do what we wanted to

16<sup>th</sup> July - The second is business session again started at 9:00 till 12 we had our guest speaker legendary Olympian mental health advocate Michael Phelps, a LCIF session where we acknowledge our major contributors and Jose Carvalho this year's humanitarian award winner this left the afternoon to ourselves to do what we wanted to.

17<sup>th</sup> July - We had the installation of the President for 2025/2026 AP Singh from Kolkata India and the announcement that Tony Benbow was successful in becoming the 3<sup>rd</sup> International Vice President, also all the 750 District Governor's Elect present had their elect ribbon ripped off confirming that we are now officially District Governors. International Conventions can be overwhelming as well as emotionally draining, so by the time we made the long flight home we were both exhausted.

The District Changeover is on Saturday 26<sup>th</sup> July which Lyn and I are looking forward to catching up with those who are attending and as well the start of what should be a great, and no doubt a challenging year. We are both looking forward to the fun and challenges as we all move forward in this district of ours.

*Paul Shortis*

# District V6 Goals 2025/2026



## **1. STRENGTHEN MEMBERSHIP**

- Grow district membership.
- Support club retention strategies with mentoring and engagement.
- Encourage diversity and inclusion in new member recruitment.

## **2. SUPPORT AND EMPOWER CLUBS**

- Encourage increased club officer attendance at training.
- Conduct at least two club development workshops in each region.
- Promote healthy club operations through regular zone visits and guidance.

## **3. INCREASE COMMUNITY IMPACT**

- Each club to complete at least three signature service projects.
- Encourage participation in global causes: hunger, environment, vision childhood cancer and diabetes Disaster relief humanitarian youth.
- Recognise and share impactful service stories across the district.

## **4. BOOST LEADERSHIP DEVELOPMENT**

- Identify and support emerging leaders for future roles.
- Deliver training beyond the basics conflict resolution motivation succession planning.
- Increased participation in the Emerging Lions' Leadership Institute and Advanced Lions' Leadership Institute

## **5. ENHANCE COMMUNICATION AND VISIBILITY**

- Revitalise club newsletter and social media platforms.
- Promote club projects in local media and online.
- Provide templates and support for clubs to improve public image.

## **6. STRENGTHEN YOUTH AND LEO'S ENGAGEMENT.**

- Re energise Leos clubs and support youth focused programmes.
- Encourage clubs to mentor and sponsor new Leo clubs.

## **7. PROMOTE LIONS FOUNDATIONS AND GIVING.**

- Encourage every club to contribute to LCIF.
- Raise awareness of the Australian Lion's Foundation and its community impact.
- Raise awareness of the V6 Foundation & Chris August Award
- Support disaster relief efforts locally and internationally.



## PDG Julie Ballard

This is my final report as District Governor & I can say I have totally enjoyed the journey. My last month has been extremely busy with attending Changeovers. I attended the Deniliquin Lions Changeover on the 26/5/25. It was a combined service club event with Deniliquin Rotary members also attending on the night. Sunday 1st of June was my last V6 Cabinet meeting held at Corowa. I look forward to serving as the environment & childhood mobility foundation chairs on cabinet for 25/26.

The last 2 weeks have been extremely busy with Club Development days & more Changeovers. Club Development Day - Echuca & Katamatite Lions Changeover 15/6/25, Strathmerton Lions Changeover held in Katamatite 17/6/25, Elmore Lions Changeover held on 18/6/25, Benalla Lions Changeover held on 19/6/25, Club Development Day Thurgoona 22/6/25, Murchison Lions Changeover 23/6/25, Tungamah Lions Changeover 25/6/25, Tocumwal Lions Changeover 26/6/25. Almost time to put the feet up. It has been a very busy & enjoyable year. I thank all the V6 clubs who have hosted me & it has been great to be able to attend so many Changeovers. I want to also thank the V6 Cabinet Team for their support & guidance throughout 24/25. I wish incoming District Governor Paul Shortis & wife Lynda all the best for 25/26.



## Got time for a cuppa?

THEN WHY NOT  
ENJOY IT WITH  
LIKE MINDED  
PEOPLE IN YOUR  
COMMUNITY

JOIN YOUR LOCAL  
LIONS CLUB SEE  
HOW YOU CAN  
MAKE A CHANGE  
- ONE CUPPA AT  
A TIME!



**district 201V6**  
Established 1978



### What Club do you belong to?

I belong to East Loddon Lions Club - a very small, unique club with lots of heart & big ideas.

### How long have you been a member?

Almost 19 years.

### What made you join Lions?

There was a project I was interested in within the community so I joined to help with the project - and stayed!

### What do you like most about being a Lion?

The people I meet and the personal benefits you get from making friends around the country and all the great things we get to do to help people in our community and beyond.

### What skills do you bring to Lions?

I have many years experience in administration & graphic design so I bring these skill into my roles. I have also learnt a lot from my various roles in Lions over the years.

### What would you like to do with your time in Lions?

Make my community the best place it can be. Giving back to the volunteers as well, by teaching them skills they can use in their Lions role and in their daily life.



# Congratulations



*Des Brooker received awarded on behalf of Wodonga Lions Club's 50 year milestone with Good Friday Appeal*

Des was fortunate to represent the Lions Club at a Good Friday Appeal Function recently, where he accepted a plaque from the Appeal Board Chairperson Penny Fowler recognising that Wodonga Lions Club has had 50 years of involvement with the Good Friday Appeal.

They were one of a large number of groups and individuals who have had a long connection with the Appeal.

Des was also fortunate to have the opportunity to have a very short tour of a few of the Royal Children's Hospital facilities. These included the Apheresis Unit where patients can have blood taken separated out into the various components with any infected components replaced or treated and returned to the patients such as stem cell replacement. If any of these components are infected, they can be extracted and replaced with good e.g. stem cells.

He also visited a simulation suite where they train medical staff with exceptional realistic dummies, a baby, aged 3, age 9 and 17. The training staff can create individual scenarios to test the trainees who have to cope and make medical decisions regarding the patients.

Both of these are cutting edge technologies and among the leaders of child medical techniques in the world.

## Planning a Membership Drive?

We have a brand new membership banner that can be used and a membership trailer that can help clubs with membership recruitment projects.

Not sure how to go about recruiting?

**We've got your back!**

Contact your **Zone Chairperson** to find out how we can help you.



## Need some recruiting materials?

Brochures, flyers, social media posts? Contact the PR Chairperson!



# District Changeover Dinner

*DG Paul welcomed his new cabinet members  
at the annual District Changeover.*





# District Changeover Dinner





# District Changeover Dinner





# District Changeover Dinner



A great night of fun, fellowship (and yes, we are playing with rockets!) Congratulations to members and clubs that received awards, Thanks to everyone who made the night a success.



# Henty Happenings



Lions Changing the Guard - At the end of June changeover dinner for the Lions Club of Henty held its changeover dinner at the Henty Community Club. The incoming board members were installed by Zone Chair Julie Colley, consisting of: President Lorri Roden, Vice President Garry Small, Secretary Ken Dale and Treasurer Julie Colley. President Lorri said that during the past year the club had been active in working for the community.

Among the activities undertaken include the provision of breakfast at the Australia Day ceremony, bbq at Carols By Candlelight and Bunnings BBQ. Funds raised by the Christmas Raffle were given to the Henty Preschool and the Early Child Care Centre, other donations were given to Prostate Cancer Research and Childhood Cancer Research. Continuing President Lorri said that the club is looking forward to a busy year ahead with the continuation of the club's community projects.

In addition to the induction of the new Lions Board for the coming year Zone Chair Julie Colley presented Lions John Ross with The Chris August Memorial Award, recognising John's outstanding contribution and support to the Lions Club of Henty. President Lorri Roden read the citation outlining John's service in Lions and his service within the wider community.

In the twelve years John has been in Lions he has served on the club executive board for

nine years, six times as Treasurer and three as Secretary. John was instrumental in establishing the clubs association with Licola. He worked to send local children to the Lions Licola Adventure Camps for a number of years. He also instigated the Lions Club involvement with the Bunnings BBQ scheme. Combining with the Lifestyle Centre in this fund raising endeavour. John established our club's involvement with the Lions Junior Public Speaking Competition and has been instrumental in the ongoing success of several Lions projects.

Mid July and schools have returned! It is time for Henty Lions to hold their Club Finals of the JPS Competition. On a wet Sunday afternoon the Henty Lions Junior Public Speaking Competition Finals were held at St Paul's Lutheran School Hall. There were eight students representing three local primary schools. The young speakers acquitted themselves well. They had researched their topics well and presented entertaining and informative speeches. The 5/6 students examined the pro's & con's of technological developments and the general consensus is that things probably should slow down a little. Meanwhile the 3/4 students came up with some truly ingenious new inventions from a money tree to new boots. The judges and the audience members were impressed by the skills of all the young speakers. The winners, Brayden for 5/6 Grade and Tara for 3/4 Grade will proceed to the Regional Finals in Beechworth in August.





# Yarrawonga Lions

## Vale Bill Monahan



The district's oldest Lion passed away on 25th June at the age of 99. Bill Monahan joined Yarrawonga Lions in May 1967 and took on administrative duties within the club. He was the editor of the club's Bulletins for many years, which remain part of his contributions, recording our Clubs history. Bill served as 1st and 2nd Vice President before becoming President. He was involved in several club projects, including Swap Meet and White Elephant Sales, which are no longer active. Bill received Life Membership in 1967 and the Christ August Award in October 2008. In 2012, he was awarded the Prime Minister's Citizen of the Year Award for Mulwala and District.



Turban Angel Gerda and Past President Don



Yarrawonga Lions celebrated their 60th anniversary CHANGEOVER DINNER recently at Club Mulwala.



Members and guests spent the night with fellowship, fun and games. The new Board of Directors were installed with a twist using cricket terminology by District Governor Elect Paul Shortis.

Our club made a major donation of \$23,000 for 2 Oxygen Humidifiers for the new Yarrawonga operating theatre complex, which is soon to open.

The Club again organised the Lions Skin Cancer Van to visit in March, which again proved to be an outstanding success, with 153 clients being screened over 2 days. 38% being referred to their GP for follow up. The club donated \$2,000 to V5 Lions district that administer the van."

In total our club distributed the sum of \$69,830 to the local community groups and Lions Projects.

Presentations were made to Gerda Leiterman for her participation in our Flagship Project "Free Chemotherapy Turban Project" from the beginning.



Back Row: Don McPhee, Andrew Toms, Denis Griffiths, Gus Sanders, Linda Rate, Joan Tufvesson, Jo-Anne Talbot  
Front Row: Debbie Van Corler OAM, Peter Ornsby, Jock McDonald

Incoming President Peter being passed the gong and gavel from Don McPhee



# Yarrowonga Lions

President Peter had the honour of presenting the esteemed Chris August Award to Yarrowonga Friends in Common, a highly deserving recipient. This locally based charity provides valuable support to cancer patients within the Yarrowonga Mulwala district communities and consistently aids those in need. The recognition was well merited, and the organisation expressed genuine surprise and gratitude upon receiving the award.



Lion Peter Ornsby, Liz Ornsby, Rho Cillia. Lesley Shead from Friend in Common and Lion Don McPhee

Yarrowonga Lions Club held its JUNIOR PUBLIC SPEAKING competition at the Clubrooms on Sunday, 20<sup>th</sup> July. Ten entrants from Mulwala Primary School, Sacred Heart Primary School and Yarrowonga P12 presented their speeches in front of family, friends and community. All students' speeches were thoughtfully written, well-considered and were delivered with confidence. Well done to all the participants, and good luck to the winners as they proceed to Regional Finals. Thanks to our Judges Mandy Bonat, Debbie Van Corler and George Plumb who had the difficult task of selecting the winners. The standard of the speeches was excellent and there were only a few points the difference between the contestants. They should all be very proud of themselves.

Di Richardson our Youth Chairperson did an amazing job liaising with schools, students and Lions Members to make this day run seamlessly.

The Yarrowonga Lions Club provided tomato soup and our always popular sausage sizzle to round out the day's activities.



Participants – Mackenzie, Sophie, Maggie, Farley – Years 3/4, Amelia, Laylah, Alexandra, Lily, Ella, Chelsea – Years 5/6. Youth Chairperson – Di Richardson, Judges – Lion Debbie Van Corler OAM, Mandy Bonat and Lion George Plumb



Traditional Sausages –L-R Lions Nora, Kathy, Keith, Debbie. Linda, John and Judi

## 5 THINGS YOU SHOULD KNOW ABOUT LIONS

(BUT PROBABLY DON'T)

We're the **LARGEST** service organisation in the world!

We help fight **PREVENTABLE** blindness & vision loss!

Lions Clubs exist in **OVER 200 COUNTRIES**, and have **OVER 1.4 million members!**

We **SUPPORT** youth programs, childhood cancer, disaster relief, diabetes, environment, hunger & mental health.

Lions isn't just for **RETIREES** - young professionals, students and families are joining too!

**I'm a LION.... What about YOU?**

**district 201V6**    
ESTABLISHED 1971



# Yarrawonga Lions

Yarrawonga/Mulwala Bridge Walk NAIDOC WALK. This was a local celebration where the entire community were invited to participate, following a Smoking Ceremony participants walked across the bridge to Kennedy Park for lunch. Once again, the members of our Club were there to support with BBQ trailer, cooks and servers. 350 sausages were cooked and served. Yarrawonga Lions – Looking after locals.



L2R. Lions Don McPhee, George Plumb, Paddy Platypus, Linda Rate and Kathy Fisher our volunteers for the day.

To conclude the month, we had the privilege of providing catering services for the outgoing and incoming Cabinet Members at their inaugural meeting of the year. This occasion marked DG Paul Shortis's first meeting, joined by Secretary Lee Walkington and Treasurer Belinda Cooper, as well as the transition of several Cabinet positions. Approximately 40 Lions attended, and a diverse selection of food was served for both morning tea and lunch. We are grateful to have the facilities necessary to accommodate such events. Appreciation is extended to all Lions who contributed to the catering efforts.



Thank you to all the clubs that have entered and completed the required paperwork for Junior Public Speaking for 2025.

We have 28 Lions Clubs participating in our V6 District, involving 73 schools all up. (I am currently trying to work out how many students that involves)

## Regional finals are taking place as follows:-

Region 1 Sunday 10 August in the Anglican Church in Cohuna at 1pm

Region 2 Sunday 10 August in the Numurkah Senior Citizens rooms at 2pm

Region 3 Sunday 10 August in the Yarrawonga Lions Club Rooms at 1pm

Region 4 Sunday 10 August in the Corowa Lions Club rooms at 1pm

Region 5 Sunday 17 August in the Wodonga Lions Club Den

Remember to send your results to [v6juniorpublicspeaking@gmail.com](mailto:v6juniorpublicspeaking@gmail.com) when you complete your club final.

Reminder that the **District Final** is to be held in the Corowa Lions Club Room on Sunday August 31st commencing at 1pm. Everyone welcome to come along and support this fantastic project – RSVP to Judy Byrne.





# Lavington Lions

Lions President Susie and members of the Lavington Club were excited and proud to accept three new members to the Club at a recent dinner. New Lions Yvonne, James and Richard are looking forward to joining in Club activities as soon as possible. Their sponsors, Graham and Margariete were also pleased to have new members in our Club.

This year our Club disbursed \$48000 to local charities as a result of another successful year of fund raising. This year the P.C.Y.C. received \$5000 to assist with their programs. A host of Club members were available for the financial handover. They were nearly as pleased as the recipients!

President Susie had a busy night presenting Melvin Jones Fellowships to Lions Wayne Sharrock, Lindsay Cutler and Brian McDermott. All have given many years of service to Lions and the wider community. Their awards were warmly acknowledged by Club members. Lion Carol Moretti was presented with the Lion of The Year award for her willingness to take on new challenges at Club level. Congratulations to all!



# Lockington Lions

The Lockington Lions Club held its Change over dinner on Wednesday 25th June. It was a great night, lots of banter and a quiz to keep the crowd on their toes.

With Lion Bill Roberts as the MC for the evening and Past District Governor Barry Higgins was the installing officer.

The new President is Tom Scurrah and the new Secretary is David Hammond. A great meal was supplied by Tongala Mobile Catering and served by the YAGers.

The Lockington Lions Club held its Change over dinner on Wednesday 25th June. It was a great night with Lion Bill Roberts as MC and Lion Barry Higgins conducted the installing of our new President, Tom Scurrah and new Secretary David Hammond.

Lions members from Elmore, Rochester and Echuca were among the guests





# Benalla Lions

On Sunday 27th July, an audience of 50 people attended the Benalla RSL Hall to listen to 6 students present their speeches at the Benalla Lions Club Junior Public Speaking Final.

This is a group photo of the Benalla Lions Club Junior Public Speaking Finalists, which was held yesterday.

The photo at the back row is - Years 5 - 6 Runner Up Bernice Ncube from P12 College Waller Street Campus, Most Outstanding Hannah Paul from St Joseph's Primary School and Participant Estelle Doig from P12 College Avon Street.

Front row is - Years 3 - 4 Runner Up - Charlotte Gambrell-Wenzke from P12 College Avon Street, Most Outstanding Leo Barker from St Joseph's Primary School and Participant Elsie Pollard.

The students again spoke very well and the Judges were most impressed. The 3 Judges were - Leading Senior Constable Chris Di Ciero of the Benalla Proactive Policing Unit, Benalla Mayor Bernie Hearn and Kelly Wallace from the Bendigo Bank.

Both Leo and Hannah will now participate in the Regional Final to be held in Corowa on Sunday 10th August, 2025.

Thank you to Club President Peter Brown and Secretary Denise Brown for conducting the program.



The photo shows - Back Row - Benalla Mayor Councillor Bernie Hearn, Benalla Lions Club President Peter Brown, and Kelly Brown from the Bendigo Bank.

Middle Row - Year 5 - 6 Runner Up Bernice, Most Outstanding Hannah and Participant Estelle .

Front Row - Year 3 - 4 Runner Up Charlotte, Most Outstanding Leo and Participant Elsie and Leading Senior Constable Chris Di Ciero of the Benalla Proactive Policing Unit.



Leading Senior Constable Chris Di Ciero, of the Benalla Proactive Policing Unit, with the Benalla Mayor, Councilor Bernie Hearn and the 2 Most Outstanding speakers - Year 5 - 6 Hannah and Year 3 - 4 Leo







## Benalla Lions

On Monday 30<sup>th</sup> June, 2025, the Benalla Lions Club attended the St Joseph's Primary School and listened to 11 students, 6 in Years 3 - 4 and 5 in Years 5 - 6, present their speeches.

All the students spoke very well and were confident in presenting their speeches.

Year 3 - 4 Most Outstanding Speaker was Leo and the Runner Up was Isla .

Year 5 - 7 Most Outstanding Speaker was Hannah and the Runner Up was Sophie .

Judges for the day were President Peter Brown, Secretary Denise Brown and Chris Vaughan. Timekeeper - Loch Lidgerwood and Alec McMillan and MC was Peter Poels.

Although the weather was very unfavourable on Saturday 26<sup>th</sup> July 2025, the Benalla Lions & Rotary Club still operated the Benalla Craft and Farmers Market.

Due to the lack of numbers of site holders who still supported the market, it was decided to move them under the cover of the Benalla Library, although the two plant site holders decided that they did not need any cover over their sites.

The Freemasons continued to cook up their popular Egg and Bacon Rolls as well as Sausages for those in attendance, and the musician kept all entertained with his selection of "old time" songs.

## Tungamah Lions

Another very busy month has gone by with plenty to do. We have been working at Bunnings and also the footy gates. Amazing to see the footy gates have gone by already and many thanks to the football club for giving us the chance to help them.

Members took the chance to attend Club Development Days to improve their skills and find out more about Lions. Many changeovers were attended and we got to meet other Lions across the district. Members had a Christmas in July social night with music supplied by Frank Monk and Jenny Keenan. Members got right into the spirit of the night in more ways than one. A beautiful meal was served with our zonie, John Weinert suitably impressed.

Some members attended the District changeover and had a great night. Aydan is now on district Cabinet and it is good to see young people at the top level. Not much more to add as we career towards Christmas time. Lots yet to happen.





Lap The Map for Diabetes is officially live for 2025! Head to [www.lapthemap.com.au](http://www.lapthemap.com.au) to sign up yourself, your club, or a team of friends and family.

To finish off National Diabetes Week in July, we launched Lap the Map, marking the second year the event has been run by Lions Assistance Dogs. This year, our collective goal is to Lap the Map of Australia twice, over 50,000 kilometres! The distance is equally important to our fundraising goal of \$80,000 – which will cover the cost to train and deliver two Diabetic Alert Dogs, Archie and Zena, both who will be delivered at the end of this year. This goal is achievable through the efforts of individuals and Lions Clubs across Australia who will go above and beyond to support Lions Assistance Dogs through this initiative.

For Lions Clubs who get involved in Lap the Map 2025, we will have some exciting incentives including special banner patches for each club who achieves certain milestones. These are tiered patches that reflect the kilometres travelled and funds raised for the cause. Also, the club that raises the most funds, AND the club that logs the most kilometres by the end of Lap the Map receives A FREE puppy sponsorship opportunity valued at \$5,000!

While it has only just started, Tasmanian Lion, Sheryl, has already embarked on an inspiring 350km trail hike on the Heysen Trail in South Australia, all for Diabetic Alert Dogs through Lap the Map.

To register today, head to

[www.lapthemap.com.au](http://www.lapthemap.com.au)

If you have any questions about Lions Assistance Dogs or Lap the Map, you can contact us at [development@lionsassistedogs.com.au](mailto:development@lionsassistedogs.com.au) or 08 8388 7836.

## THEY'RE COMING!!!!!!



THE LIONS CLUB OF YARRAWONGA  
WELCOMES DACHIES OF ALL SIZES AND AGES  
TO JOIN THE FUN FOR THE  
**2025 YARRAWONGA DACHIE CUP**

MARK YOUR DIARIES - MORE INFORMATION COMING

When?

Sunday 2 November 2025

Where?

Yarrawonga Showgrounds





# Beechworth Lions

Green Canopy - Lion Pauline reported at Beechworth Lions Club July Dinner Meeting that she has planted 47 trees at her property in Stanley towards the Green Canopy Program. Well done Lion Pauline Middleton.



Lions Club Junior Public Speaking - What a pleasure to host a fantastic Club Junior Public Speaking event on July 26th. With all three Primary Schools in Beechworth participating. All students were amazing. The judges had a hard decision to make in both levels. The students representing Beechworth Lions Club at the zone/regional final will be - Grade 3/4 Catalina Neumann from St Joseph's Catholic Primary School, and Grade 5/6 Lily Jobson from Beechworth Primary School. Runner up grade 3/4 was Emersyn Colliccoat from Beechworth Montessori. Runner up grade 5/6 Adara Keady from St Joseph's Catholic Primary School. Congratulations to all the students. Thank you to the teachers, parents, grandparents, and friends who came along to support the students.

# Tungamah Leos

Tungamah Leos are busy preparing for their disco to be held at the local Primary School on Saturday, 9<sup>th</sup> August, with a pirate theme or a fairy theme. It will be strictly controlled with no alcohol or drugs permitted.

We are also trying to arrange a trip to Melbourne for the footy late in the season. Not easy with the draw not being finalised yet.

We are waiting for the final details of the Leos camp to come up in the October holidays.

We are open to new members and parents are encouraged to come along and help with the activities. Leos run from 12 to 18, with the ones under age joining our cubs.



Saturday 9th August 7-9pm

Ages 5 to 16 only

Tungamah Primary School Hall

Tower St Tungamah

Pirate/Fairy Theme (optional)

Gold coin Donation

Snacks Supplied

\* volunteers needed must have wvcc contact Les Harrison on 0417 301 797

Strictly NO alcohol/Drugs





# Tocumwal Lions

A big week for Tocumwal Lions Club. Last Thursday members gathered at the Terminus Hotel for the annual changeover dinner. District Governor Julie Ballard from Katamatite Club installed the executive for the coming year. President; Keith Kennedy, secretary; Carol Kennedy, assistant secretary Coral Weggman, treasurer Oli Flury; membership chairman Geoff Edwards. Also attending were the Railway Heritage Museum volunteers. The Museum is a project of the Lions Club and is open each Saturday with the help of the volunteers.

Another project of the Club is the Junior Public Speaking Competition which was held on Sunday. Over forty people attended to hear the 3-4 and 5-6 students present their speeches. These students attend Tocumwal's Public and Sacred Heart Schools and the Southern Riverina Homeschoolers.

YEAR 3-4 3 minutes topic was:

"Creative Invention: if you could invent something new, what would it be? Tell us about it, e.g. what is it made of, who is it for, and how could it be used?"

Macy . - Best Friend 4000, Jack - Bird Responder, Lenny - Robot 3.0 9000, Des - Smart Flying Car, Henry - Super Fast Device Charger

YEAR 5-6 4 minutes topic was;

"Technology: The impact of fast-moving technology on our lives and the environment is often overlooked, and yet it can be far reaching. Is technology moving too fast for humans to keep up? Discuss."

Elyana - Yes it is moving too fast, Theo - Tech in automotive mechanics is great, but we need to keep some old stuff too, Mila - Nobody young or old can keep up.

5-6 students also had 10 minutes to prepare a 1-minute speech answering "If animals could talk who would I be?" Animals included turtles, kangaroos, and chipmunks.

Lenny and Elyana were announced as the 3-4 and 5-6 winners, respectively. Both will now go onto represent Tocumwal and their schools at the Regional Final in August.



Carol Kennedy, Keith Kennedy, Julie Ballard, Coral Weggman and Geoff Edwards.



Des, Theo, judge Clare Hallett, Mila, Elyana, judge Paul Stevens, Henry, Lenny, Jack, and Macy.

## A pressing need...

We're addressing the importance of mental health and well-being.

Lions and Leos are promoting the importance of mental health and well-being and providing meaningful opportunities to get involved in serving this important initiative.

## Mental health facts

Mental health is made up of a variety of factors, including our emotional, physical, psychological and social well-being. To best address the need for improved mental health, we must first understand the facts\* — and challenges — surrounding mental health.

**25%**

Increase in rates of anxiety and depression since 2020.

**1 in 7**

Youths age 10-19 experience mental health conditions, though many are unrecognized and untreated.

**14%**

Of adults aged 60+ live with a mental health disorder. Loneliness and social isolation are key risk factors.

**20**

Countries still criminalize attempted suicide, and stigma and discrimination remain against those with mental health conditions worldwide.

Source: World Health Organization



# Kerang Lions

The Lions Club of Kerang Changeover was held on July 10th 2025 at the Kerang Bowling Club and PDG Judy McKerrow was reinstalled as President for a second term by PDG Alan Millar. Alan congratulated our club on a very busy year of service and wished Judy all the best for another successful year. Judy presented Jeff Jackson with a James D Richardson Award for his outstanding service over many years while Alison Alexander and Jenny Shields were presented with President's Appreciation Awards for great work also.



The Kerang Junior Public Speaking Club finals were held at the Lions Den on Sunday July 28th 2025. all 4 Kerang Primary schools competed. The winner of Grade 3/4 section was Riley and 5/6 was Harper , both from St Josephs PS. Congrats to all the finalists who all spoke very well. Special thank you to the judges Maria Lewis and Kyra Laughlin who had a very tough job. Congrats to Lion Jeff Jackson as the Chairman for all his organisation and work behind the scenes.







**ORLANDO 2025**  
107th LIONS INTERNATIONAL CONVENTION





First of all I would like to thank District Governor Paul Shortis for having me on his Cabinet for the Lions 2025-2026 Lions Year, and I would like to wish Paul and Lynda all the best for their Lions year, it will be a time that they will enjoy. For the last Lions year the donations to our Australian Lions Foundation Ltd have again been disappointing, which are as follows:-

- Four V6 Lions Clubs donated towards credits for Awards which totalled \$2,000.00. Donations to V6 General Funds were \$8,626.00 which was contributed by only nine Clubs, however one Club's donation was \$5,400.00.
- Donations towards V6 Emergencies/Disasters were \$8,500.00, which was contributed by 15 Clubs.
- Only one V6 Lions Club applied for emergency Grants which there were two of, and they were for two house fires where four people were affected and the total was
- \$6,000.00, the Foundation also distributed another \$30,997.00 to six other District Lions Clubs.

At present we still have seven V6 Lions Clubs that are not Members of our Australian Lions Foundation Ltd, which means that they will not be able to apply to the Foundation to assist people that need our help. All that is required to become a Member of our Australian Lions Foundation Ltd is to sign an application form, which then will allow them to apply for a Grant to assist a disaster or a house fire victim etc, the application form is available from V6 ALF Chairman Peter Poels Mob 0448399227.

Please also keep in mind that the Foundation also provides a 50 year service medal to a Lions Club Member that has achieved this fantastic years of service to his Community and Lions Club International.

Our congratulations to Past International Director Tony Benbow OAM, who has been endorsed as 3<sup>rd</sup> International Vice President, it will be fantastic to have another Australian Lion leading our great Volunteer Organisation.

**V6 District ALF Chairman Peter Poels**

<https://alf.org.au/>



# What They're talking about on Social Media...

## A pressing need...

We're addressing the importance of mental health and well-being. Lions and Leos are promoting the importance of mental health and well-being and providing meaningful opportunities to get involved in serving this important initiative.

Did you know volunteering can alleviate symptoms of depression and anxiety, enhancing overall mood and emotional well-being? Use the Mental Health and Well-Being Service Resource to learn about mental health and well-being, plan a service project and start your mental health and well-being journey. Then, explore the additional resources to help you further your mental health and well-being service.



<https://www.lionsclubs.org/en/member-resource-center/service/global-causes-initiatives/mental-health-well-being-initiative>

Growing our organisation to be able to serve more, even more effectively is essential. The choice is not between growing and not growing. The choice is between growing and perishing. Some members shall be lost, almost inevitably, each year. We need to get a few more new members each year than those that are dropped. Growing Lions International is not an option if we want to expand the legacy of service.



30th July - Wangaratta Lions spotted down at the Mental Health and Wellbeing Local on Victoria Parade in Wangaratta. Cooking up some bacon & eggs!



Welcome to a new Lions year at the **Finley Lions Club**. Many thanks to Lion Omen for inducting the new board. Congratulations to Lion Nellie for taking on the role of President for the coming year. Thanks to Lion Steve for leading the club so well during the past twelve months. Also we welcome our newest member, *Lion Michael Hosie*.





# Helpful Links



# Diary Dates

## District Governor

Paul Shortis

0407 854 829 ~ dg.v6@lions.org.au

## Cabinet Secretary

Lee Walkington

0400 576 383

cabsec.v6@lions.org.au

## Cabinet Treasurer

Belinda Cooper-Gree

0479 114 275

cabtreas.v6@lions.org.au

## Welfare Officer

Sandra Temple

0467 259 722

rev.sandra.temple@gmail.com

## Are YOU following us....



## Facebook

<http://facebook.com/201V6Lions>

Member's Only Group

<https://www.facebook.com/groups/676430540448974>

## Instagram

[Instagram.com/lionsdistrictv6](https://www.instagram.com/lionsdistrictv6)

(@lionsdistrictv6)

## AUGUST

**4-10<sup>th</sup> - Keep Australia Beautiful Week**

**9<sup>th</sup> - National Book Lover Day**

**12<sup>th</sup> - International Youth Day**

**13<sup>th</sup> - Left Handers Day**

**17<sup>th</sup> - JPS Region finals to be completed**

**24<sup>th</sup> - Jnr Public Speaking - DISTRICT FINAL - 1pm (Location - TBA)**

**28<sup>th</sup> - Articles for the ROAR due**

**29<sup>th</sup> - Wear it Purple Day**

## SEPTEMBER

**5-7<sup>th</sup> - ANZI Forum**

**Prostate Cancer Awareness Month**

**1-5<sup>th</sup> Women's Health Week**

**7<sup>th</sup> - Father's Day**

**8<sup>th</sup> - International Literacy Day**

**12<sup>th</sup> - R U OK Day**

**21<sup>st</sup> - Alzheimers Day**

**21<sup>st</sup> - International Day of Peace**

**21<sup>st</sup> - International Day of Sign Language**

## V6 Promotional Trailer Bookings

- <https://calendly.com/v6trailer>

didn't see  
**YOUR**  
club in the latest  
edition of....



**THE ROAR**

V6 District Newsletter  
deadline is 28th of each month



**WEBSITE**  
lions201v6.org.au

Special "Members Only Area"