

DISTRICT GOVERNOR 2024-2025

Respect for our Environment



**JULY 2024 ISSUE** 

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# Lions Club of Cobram Charter Anniversary 14th September 2024

## Helpful Links & Contacts...

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http.facebook.com/201V6Lions

Member's Only Group

https://www.facebook.com/groups/ 676430540448974

#### Instagram

Instagram.com/lionsdistrictv6 (@lionsdistrictv6)

#### **Introducing DG Julie Ballard**

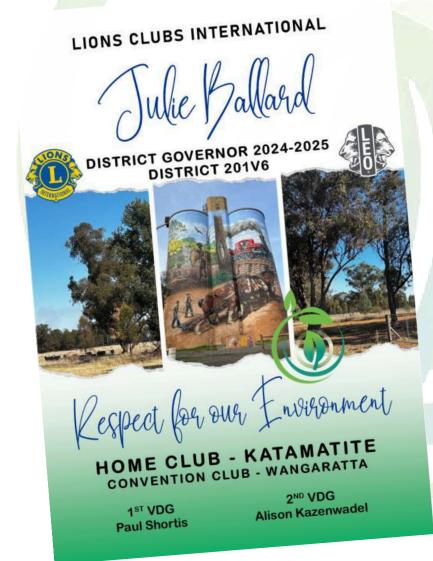
District Governor Julie Ballard was born in Shepparton Victoria on 24/08/24. I have one younger brother. I was raised on the family farm at Youanmite & in the nearby town of Katandra West. I attended Katandra West Primary School & Shepparton High School, completing my Higher School Certificate in 1985.

I moved to Melbourne in 1986 where I undertook studies at Phillip Institute of Technology, Bundoora. I graduated with a Bachelor of Social Work in 1991. I have 4 adult Children & 7 grandchildren



Following Graduation I worked as a Social Worker in Melbourne between 1991 to late 1998. I worked for Centrelink & for 2 Housing Service Organisations. In late 1998 our family returned to live in Numurkah. I took a casual job cleaning at Lakeside Country Club & later Thoroughly Cleaned. In the early 2000's I completed a Diploma in Community Services, Drug & Alcohol & Mental Health. I worked for a short time with Area Mental Health in Shepparton. \

Whilst running a small business was never on my mind, I found myself completing a New Enterprise Incentive Scheme NEIS course in 2008. I started a cleaning business with a partner in 2009. My business is Let's Get Busy (Cleaning) which I still run to this day. I am also a part - time Farmer assisting with Sheep Management on our family property at Youanmite.



Several years ago I completed a Diploma of Organic Farming. We run Australian White & Persian Sheep. 2024 has seen me return to study, undertaking a Certificate 4 in Mental Health at GO TAFE Wangaratta. I hope to work in Wangaratta in the Mental Health Sector upon completion of studies at the end of this year.

My involvement with Lions started in 2013. I had only moved to Katamatite the year before in 2012. Lions had never been on my radar, but I was asked to come along to a meeting. I was the first female to join the Loins club of Katamatite in its 39 year history.

My roles have included Secretary, Treasurer & Chair of the Silo Art Project. I have served on V6 Cabinet as a Zone Chairman for 4 years, Environmental Officer for 1 year, 2nd VDG & now DG. It is a privilege & an honour to serve as District Governor for V6 for 24-25.

## Respect for our Environment









### DG Julie Ballard

Wow, where has the time gone? Since January I have gone from 2nd VDG to 1st VDG/ DGE & now District Governor (all in 5 months). Whilst I don't officially start as DG until 1/7/24, I was inducted at the Melbourne Convention. I am now one of 18 DG's from around Australia. It was great catching up with my fellow DG's in Melbourne, most of whom I only met at the Darwin Convention. David Horne as Council Chair is doing a fantastic job in supporting all of us & I certainly would have been lost in Melbourne without his guidance.

I loved the Lions International Convention in Melbourne. I would strongly recommend to anyone who hasn't attended an International

- Convention, please go. The atmosphere was super charged with so much positive energy,
- great speeches & presentations, live music, dancing, dinners & most importantly the
   opportunity to catch up with Lions from around

the world. Some of the highlights for me were:

- Listening to Dr Patti Hill (now past International President) speak on the positive work Lions do around the world
- Seeing the new International President Fabricio Oliveira inducted
- Attending DGE training

- The spectacular Parade of Nations (approx 160 countries attended)
- Live Entertainment throughout the Event
- Great food & Get Togethers
- Exhibitor Stalls

Work is well underway for the Lions 201V6 Convention to be held in Wangaratta between the 18th - 20th October 2024. Special thanks for all the hard work being undertaken by the Convention Committee & Convention Chair Alison Kazenwadel.

I would personally like to thank so many people that have assisted & supported me in reaching this milestone of District Governor.

V6 Cabinet members

DG. Team John Houghton, Paul Shortis, Alison Kazenwadel

Katamatite Lions Club members

My Family

Lions Australia Head Office

Lions trainers

All fellow Lions

DG Julie Ballard Respect for our Environment



## IPDG REPORT FOR THE ROAR JULY 2024

Firstly, I would like to thank all the clubs as they come to the end of 2023-2024 and their disbursements of funds to different local charities, Lions Australia and Lions International causes, to a wide variety of people that need our assistance. Thankyou. The efforts made by all clubs to raise these funds and provide service hours over the year is a credit to you all.

As Jennefer and I have been invited to several changeovers it is always an 'eye opener' on the amount of funds that each club disburse at this time of year and the service that Clubs provide in their communities and at Changeover it is a great way to celebrate these achievements.

My final cabinet meeting was held early June in Tocumwal. The changeover at Upper Kiewa Valley was held at Mt Beauty at the start of the month, before the snow had fallen on the hills and it was an enjoyable night by all with great fellowship and discussions between all that attended.

Thank you to Lion Ollie, Cab Treasurer, who has been conducting information sessions regarding the new GST at various locations to assist club secretaries and treasurers to work through the process. Training days for Club Officers were held at Corowa and Wodonga on the same day during June and hopefully next time they can be scheduled to accommodate different dates to offer Club Officers to attend if they were not available on this fixed date. I attended the one in Wodonga where there was a lot of discussion from all Club Officers moving forward and the realization of different aspects of there roles.

The dinner at Lockington to celebrate their changeover had several different neighboring clubs to visit to help them celebrate the installation of there new board. Lion Marg once again held an interesting 'trivia' session. We attended lunch with the Lake Mulwala Lions Club for there changeover of Club Officers and had an enjoyable afternoon, with great views of the Golf Club greens on a sunny day. The next day we travelled to Elmore for there Changeover where again it was well attended

by other Clubs from the area. It is great to see how these clubs support each other and have great fellowship as well.

The Benalla Lions Club was held on Thursday 20<sup>th</sup> June, where they handed out cheques to respective groups within there community as part of there disbursements for the year. Lion Bruce Walker received a Life Membership and Lion Peter Poels was awarded a James McLardie Award – recognizing outstanding service to the community. I was also presented with a beautiful handmade carved pen from Lion Gary Clues. Straight after the Changeover Jennefer and I headed to Melbourne for the Lions International Melbourne Convention.

The International Convention was well attended by 159 countries. There were static displays and forums discussing all facets of Lions. It was a great opportunity for myself to catchup with the many Lions I have met on my travels from far and wide. The other District Governors that I did my training with in Chicago was like an old-time school reunion. These DG's and the one's from Australia will be lifetime friends.

It was pleasure to see DG Lion Julie Ballard inducted on the Tuesday – final day of convention. The new International Lions President Fabricio Oliveira also was inducted into his role.

On our return from the Convention, we attended the Echuca Lions Changeover, where there was a Life Membership Awarded to Lion Keith Brenner and the installation of there new Board for 2024-2025. The next night we attended the Cohuna Lions Club Changeover where there was a lot of fellowship and a new member inducted in to Lions Cohuna - Lion Owen Swallow. The last changeover but certainly the most clubs in one night, which was great to experience having clubs come together in fellowship. Wodonga, Kiewa-Tangambalanga, Beechworth and Yackandandah Lions Club enjoyed their changeover together. Lion Peter Croucher received a 15-year Chevron and Lion Peter Thompson a 25-year Chevron both from Kiewa - Tangambalanga on the evening. Kiewa-Tangambalanga also presented Trustee of the Australi Lions Childhood Cancer Fund a cheque for \$2500 from funds they raised due to

there Milk Run Event. A New member was also inducted for Yackandandah Lions – Lion Katherine Stewart.

As of July 1<sup>st,</sup> I will no longer be accessible on the DGV6 email as this will cross over to DG Julie. If any clubs need to get in contact with myself as we may have some unfinished tasks or discussion, please do not hesitate to contact me on either <a href="mailto:john.houghton@elders.com">john.houghton@elders.com</a> or <a href="mailto:john.houghton@elders.com">john.houghton10@bigpond.com</a> and I can also be contactable on my mobile 0407 303 691 moving forward.



Installation at Mt Beauty



Changeover at Lake Mulwala Lions Club



New Member Inducted at the Cohuna Lions Changeover – Lion Owen Swallow

Again, I would like to thank all Lions who have supported me through the last twelve months and trust that you will endeavor to grow your Clubs and the Service you can offer your communities.

#### **John Houghton**

Immediate Past District Governor MD201-V6



Changeover dinner at Lockington Lions Club



The New Board installed for 2024-2025 at Benalla Changeover



Lion Peter Poels was awarded the James McLardie Award recognizing excellence in



Lion Bruce Walker was bestowed with a Life Membership Award at



The incoming Officers for the 2024-2025 Lions Year from Echuca Lions Club



Installing the Presidents for Wodonga, Beechworth, Kiewa Tangambalanga, Yackandandah



Lion Peter Croucher from Kiewa Tangambalanga Presented with his 15 years Chevron



Lion Peter Thompson from Kiewa Tangambalanga was presented a 25-year Chevron



The Kiewa Tangambalanga Lions Club presented ALCCRF \$2500 from their Milk Run Event



Snap Shots from Melbourne Convention 2024



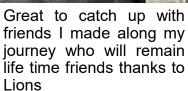
reat to catch up with

International President for 2024 – 2025 Fabricio Oliveira











#### **GMT Report**

We began DG John's year with 1,048 members. As of Thursday June 27th, we have 1,047 members (last report 1,056 members) with 118 dropped and 117 added. Our membership is net -1 (last report +8). I had the great pleasure of inducting member one new into Strathmerton Club at their changeover on June 19th.

Reviewing DG John's membership goals, we surpassed his goal of 95 new members - great news. However, we exceeded DG John's goal of no more than eighty drops. It is disappointing that after being in a net positive position for a great part of DG John's year we are now at net -1, however if there are no further drops over the next few days and given that the new Strathmerton member is yet to be added the final figure may be net 0.

Another of DG John's membership goals was chartering of one new reestablishment of a presence in the Mansfield area was a key goal. As I reported in the June Roar we had a presence at the Mansfield Bush Market during the year. We held an information meeting in February and as a result from that meeting and further enquiry completed six application forms for membership. While I did book a site for the June long weekend market, we were not successful in securing a site. The next step in establishing the club branch was to hold an organisational meeting. I had hoped that we would have done this prior to June 30th however trying to find a time suitable for all the prospective members to meet has not been possible at this stage. I have proposed a date in July for the organisational meeting. meeting would be the first meeting of the club branch. While I am disappointed that the club branch has not yet been formalised, I am still

confident that it will happen, and we will continue to work hard towards achieving this goal.

Regarding Multiple District and bearing in mind our "Big Audacious Mission" (BAM), as of June 26th the Multiple District has 22,109 members or net -120, with 3,166 added and 3,286 dropped. This is very disappointing as there have been many drops during June right across the Multiple District. In my last report on May 15th Multiple District had 22,518 members and was net +289. Nine of our 19 districts are net positive (twelve in my last report). There are now thirteen districts currently with less than 1,250 members (eleven in my last report). For our V6 District to get out of transition and get to the 1,250 figure we will need to recruit 202 members or 3.7 new members per club.

I have mentioned several times that there are many great membership resources available: Just Ask New Member Recruitment Guide, 100 Plus Ideas, Membership Satisfaction Guide, New Member Orientation Guide, Lions New Member Questionnaire - Why Did They Join? New Member Sponsors Checklist, and Club Membership Chairperson e-Book. I made mention of these resources at the recent club development day that was held in Corowa. Please feel free to contract me if you would like any of these great membership resources. Also, the V6 District membership trailer is available for booking. The link to book the trailer is: https://calendly.com/v6trailer

As we finish DG John's year and begin DG Julie's year, we need to continue to focus on reducing the drops and building our district's membership.

**PDG Neil Stuart** 

V6 GMT Coordinator Email: gmt.v6@lions.org.au

Mobile: 0460 868 088

#### Making a global impact

countries and Lions clubs regions served





I would like to thank all Clubs who are supporting such a fantastic program and helping the young people in our communities gain their confidence to present their speeches to an audience other than their peers. A Special Thank You to Jo Guthrie for all the help and support she has given me over the past 6 years, she has been amazing, nothing is any problem for her.

I have only received 30 Club registrations so far this year. The Registration date was 31<sup>st</sup> May, 2024.

The school competitions should now be completed and the Club Finals programmed to be held by the end of July, Regional Finals, organised by the Zone Chairpersons, to be held in the first 2 weeks of August.

I am looking forward to the District Final on Sunday 25<sup>th</sup> August, 2024 in the Tocumwal Lions Function Rooms, 4 Adams Street, Tocumwal, (opposite the hospital). The students are requested to be at the hall at 12.30pm, for commencement at 1.00pm. As they are representing their schools it is requested that they be in their school uniforms.

- The V District State Final will be held in Wangaratta on Sunday 22<sup>nd</sup> September 2024. Students and their parents, travelling a long distance, will be offered a light luncheon at 12.00pm. Students
- will be advised of the order of speeches at 12.30pm for commencement at 1.00pm.
  - The Junior Public Speaking program is progressing throughout the Multiple District, with more Clubs now participating in the Category B program. I receive quite a few phone calls and emails from teachers wanting to participate in the program and it is quite challenging to find a Lions Club to look after them, however I keep on trying. I revisit these teachers and schools to ask how their inquiry is progressing.

Margaret Poels 201 Multiple District Junior Public Speaking Chairperson.



**Echuca Lions Club** Junior Public Speaking competition was run last Sunday with 5 schools taking part, Echuca Primary School, Twin Rivers Primary School, Australian Christian College, Moama Public School & Moama Anglican Grammar School. Standard of speakers was excellent with winner of year 5 & 6 Kate Lluz of Echuca Twin Rivers Primary School & winner of year 3 & 4 Cleo Guinan of Moama Anglican Grammar School

Wangaratta Lions Junior Public Speaking Competition was held at St Bernards Primary School on Wednesday 12 June 2024. All students represented their schools very well and it was a very close competition across the board.

There was 6 students in the grade 3/4 section -2 students from each of Appin Park PS, St The Runner Up in this section was Abbie Bernard's PS, and Cathedral College.

The Runner Up in this section was Lacey Murphy from Catherdral College who spoke about Queen Victoria.

The Winner in this section was Hypotia Xin-Ning Fidge from Cathedral College who spoke about Atticus Finch from the book To Kill a Mocking bird.

Additionally, the grades 5/6 students were also given 10 minutes to prepare an impromptu speech on a given topic. The topic for their

impromptu speech was 'If you would add a new subject to your school classes, what would it be and why?'

There was 7 students in the grade 5/6 section -1 from Wangaratta PS, and 2 from each of Appin Park PS, St Bernard's PS, and Cathedral College.

Woodberry from Catherdral College who spoke about her Gym Teacher Erin and thought a mix of Maths/Art should be a subject introduced.

The Winner in this section was Olivia Joyce from Cathedral College who spoke about the influence that her Mother has had on her and thought Mindfullness should be introduced as a new subject..

The winners from each section will move on and represent the Wangaratta Lions Club in the District Competition.









Cobram Lions - What a pleasure to host a fantastic Junior Public Speaking event on June 14th. With all 3 Primary Schools in Cobram participating.

All the students were amazing, Every one was outstanding. The judges had a hard decision to make in both levels. It was a very close competition. The students representing Cobram Lions Club at the regional final will be - Grade 3/4 Marchello Mustica. Grade 5/6 Coen Pang. Runner up grade 3/4 Charlie Berry. Runner up grade 5/6 Madeline Skoknic.

Congratulations to All the students. Thank you to the teachers, parents, families, and friends who came along to support the students.

**Beechworth Lions Club** has completed Lions Junior Public Speaking School leave this week – St Joseph's Primary School – 26 students, Beechworth Primary School – 29 students, and Montessori Beechworth – 8 students.







The **Benalla Lions Club** has visited 4 schools and one school has conducted the Junior Public Speaking program in school, where 49 students presented their speeches to the school staff.





The Club will hold their Club Final on Sunday 21<sup>st</sup> July, 2024, in the RSL hall, where 10 students from 5 schools will present their speeches.

These young people are amazing to listen to when they present their speeches.











Sunday 25th August 1pm start

Tocumwal Lions Club 5 Adams Street, Tocumwal (opposite the hospital)

RSVP for catering please - Marg Poels 0417 139 828



#### State Finals 2024

Sunday 22nd September

in Wangaratta

More Information Soon



#### Yarrawonga Lions

This month we have mixed things up a bit with various events and welcomed a new member.

Our local P-12 students were raising funds for Foodshare and asked if we could cook sausages for them to sell at school. Lions and students combined to prepare approximately 200 sausages at the clubrooms and then transported them to the school to sell to other students and teachers



President Jock, Lion Gus and Tess

P- 12 sales

At one of our meetings, we were joined by members of the Lake Mulwala club to listen to a very informative presentation by Lion John Weinert on "Safe Drive". It is important to utilize existing qualification of our members. Big thankyou John for a very interesting night.





Blooms Pharmacy Retail Manager Sandra.

Our Turban project is a very special and important project club. our Turbans are distributed around Australia on regular basis with nearly 70,000 being delivered, ALWAYS FREE. Our local Blooms Pharmacy has stocking been our products for 8 years and

was our very first non-oncology unit distribution point for chemo clients

Our clubrooms were utilized by District Treasurer Ollie Tufvessons 4th ABN Not-for-profit assessment workshop is currently under way in Yarrawonga with 8 clubs and Zone Chairperson John Weinert in attendance.



Our K Hub BBQ us still going strong and is well attended by locals and visitors to our town. This month our new member Jo got her first taste of helping one of our Community Groups by helping on Saturday morning. Thankyou Jo and welcome to our family.



Lion Peter, President Jock and Lion Jo

This month the Community Group benefiting from our Saturday BBQ was Yarrawonga/Mulwala Community & Learning Centre. They displayed information and we took the opportunity to sell Christmas Cakes for "Christmas in July"



Community Group representatives, Lion Ollie and Peter – with Lion Gus in the background purchasing his weekly sausages for his puppies.

#### **Lockington Lions**

Wednesday 12th June, the Lockington Lions Club held their Change over Dinner, which incoming President John Van Den Bosch was inducted by District Govenor Houghton. The John evening successful with members from East Loddon, Echuca, Rochester, Elmore and Hope Clubs attending. The meals were supplied by Regan's Catering from Tongala and served by 4 YAGers from Lockington.





#### Corowa & Rutherglen Liona

Lions Betty Potter and Geoff Pearce receiving their James Richardson awards.

Both long serving and hard working Lions.

#### Lake Mulwala Lions

Our Changeover, held on Tuesday 18 June at Yarrawonga Mulwala Golf Club Willow Room, was most enjoyable and entertaining. There was lunch to start then the official business. The President's report given by Margaret Best detailed our busy year and included many thanks to members for their good work. The Treasurer reported that we had donated over \$10k to a range of worthy causes. A game lightened the proceedings then officers for next year were inducted by DG John Houghton. Members



agreed that the are proud that we are now three years old and are continuing to be a valuable service club both in our town and further afield. Looking forward to more good work and great results.

Officers for 2024/25 President, Margaret Best, Director, Dot McKean, Secretary, Helen White, Treasurer, Ruth McPherson, Director, Lorraine Dean



Lavington Lions Club is famous in the Albury area for its fund raising and the quality of its catering at major events at the Albury Showgrounds. These events include regular trotting meetings, Four Wheel drive and Camping Shows, the Albury Show, State Dog Shows, Drive in Theatre Nights as well as numerous others. Over \$40000 was given to local charities and causes due to the hard work of these Lions. Pictured are some of the Club members preparing to sand, undercoat and paint the storage container that holds relics and untold treasures from the catering past. Good luck to those involved in the clean out. Great fun was had at the numerous working bees and all are glad that it's finally finished.

#### **Beechworth Lions**

Most of June has been a quiet month for Beechworth Lions Club with so many members away, and our incoming President admitted to the Alfred Hospital while attending the Melbourne Convention. He is on the mend now and was able to attend the Combined Changeover Dinner hosted by Lions Club of Wodonga.

#### **Benalla Lions**

The Benalla Lions Club held their 66th Changeover Dinner on Thursday 20th June, 2024. Where 46 Lions, Visitors and Guests helped the Club to celebrate this annual event. President Peter Poels presented the Club Members with their years of service clips and also his Presidents Appreciation Certificate, he congratulated Lion Lester Watt on receiving a 48 years and Lion Bruce Walker 40 years and Lion David Lowing 43 of service, altogether there is combined 340 years of service to the Benalla Community.

On behalf of the Club Members, President Peter Poels also presented Lion Bruce Walker with a Life Membership of the Benalla Lions Club, which is very well deserved. Lion Bruce commenced his journey in Lionism in 1984 with the Toora Lions Club, moving around with his work through the education department, he eventually joined Benalla in 1988. Lion Bruce has held many positions in the Club and is now the Editor of the BAWA, the Club newsletter, and one of the main Lions Club organisers of the Benalla Farmers and Craft Market.

- District Governor John Houghton conducted the installation of Club Officers for the 2024-2025 Lions year.
- President Peter then welcomed President Chris Vaughan and presented him the Gong and Gavel, wishing him well for the coming year.

District Governor John then presented President Peter with a James McLardie award, for service to the Community and Lions.









#### **Echuca Lions**

Changeover Dinner. Great night had by all and a life membership given to Lion Keith. DG John Houghton inducted the new Board and the night finished with a game of head & tails.





## Tungamah Lions verysuccessful year!

Tungamah Lions Club celebrated their successful year with a great changeover at Club Mulwala last Wednesday evening. Installing Officer was Zone Chairperson, John Weinert, who started his Lions career at Tungamah back in the 1990s. John is a much loved identity in Lions.

Highlights on the night included a Chris August Award being presented to Lion Lesley Smith. Lesley has had many years as a Lioness in Endeavour Hills and Pakenham, as well as being the charter president of Lake Mulwala Lions. She is now a valuable member of the Lions Club of Tungamah and District.

Two years ago, we had Michael Barry in charge, and it was a great pleasure for PDG Neil Stuart to present him with a Club President's Excellence Award for his year, one of only three given in the district that year.

The whole evening was hosted by PDG Les Harrison. Victor Smith is the new president, while McKayla Peterson is the new secretary and Aydan Stark-Beswick treasurer.

Outgoing president, Neville Barber was pleased

to present his report, which is included in this report. Neville had a really great year.

It has been a very busy year, one I am very proud of. It was a rough start to the year with many members falling ill and this kept going through the year.

We have achieved just so much it is unbelievable. Right through the year we have done our Bunnings barbecues and these have all been pretty successful. We even combined with Lake Mulwala and Yarrawonga to hold a combined one to promote awareness of Lions to the community.

We have supported so many people in need in the community, with grants, visits and just being there for people. Jenny's back floor has been done after a long time. Well done to Ray Saunders and his band of merry men for their help!!!!!

Australia Day was simply great and our Leos received some great recognition and we were very proud of Heather Tyrrell's nomination. Once again we did a sterling job of cooking breakfast for the community.

We took on the native food trail as an ongoing club project and this should be very exciting. Our work with Halloween thrilled the kids of the town. The sno cone machine got a good work out. We catered for a group exercise for the CFA out at Youanmite, and cooked numerous sausage sizzles for the Sacred Heart School.

The Christmas Carols were again very successful. Thanks to John Tyrrell for his great work in securing a grant and helping set up. Callum Gleeson was again a great entertainer.

We supported a show at the Wilby Hall with sponsorship when their deal fell through and that was much appreciated.

The footy gates are once again very popular and a good support of income.

Lions were very hard working at the Robbie Irvine Fundraiser. This night showed the strength of the community and the love we all have for Rob.

Junior Public speaking went well again. We love working with the school.

We made a large donation for Love you Sis to support Cancer Awareness. Hearing Dogs received great support. We also bought a much need air purifier for a young baby who really needed it. We are about the take ownership of a mobile Box trailer for our equipment, courtesy of grants from the Shire and the Australian Lions Foundation.

The Rodeo was a wonderful day and night and lots of laughter and banter made it all go quickly.

We supported Lesley's MND Walk again to the tune of \$500 and made significant donations to the Splash Park Project. Most of all, we love our Leos and their work.

Our meetings have been fun, with movie nights and footy nights happening. Well done Lesley for making this happen. Thanks also to the staff and Paul and Amanda for making us so welcome at the pub for our dinner meetings. We are so lucky to have two wonderful venues.

We now cater for the Wilby Car Races and thanks to Michelle for her great work.

Thank you all for your support, especially Les and McKayla.

I am a proud man. Neville.



#### **Tungamah Leos**

At the moment, we have not a lot happening due to cold weather, although we are having a social day in Shepparton during the holidays for those who are tied to home.

We are then having our changeover, and this is to be announced as per date and venue, before spring gets here and we become very active once again.

No doubt, we will have another mini fishing comp in spring, along with other services for our town.

Great to see Charlize from V Districts take out Leo of the Year for Australia. She is an inspirational leader and deserves her award.

LITTLE ROARER.



National Diabetes Week runs from the 14<sup>th</sup> to the 21<sup>st</sup> of July this year, and with the focus on education and support, the aim is to highlight the importance of early detection and management of the disease.

Type 1 diabetes is a chronic autoimmune condition that prevents an individual's pancreas from creating insulin, an important hormone that regulates the amount of glucose in the blood. It can happen at any age but is more commonly diagnosed in younger people, with more than 50% of people diagnosed in Australia aged under 25.





In 2021, around 13,200 children and young adults were living with type 1 diabetes, with the prevalence of the condition similar among males and females.

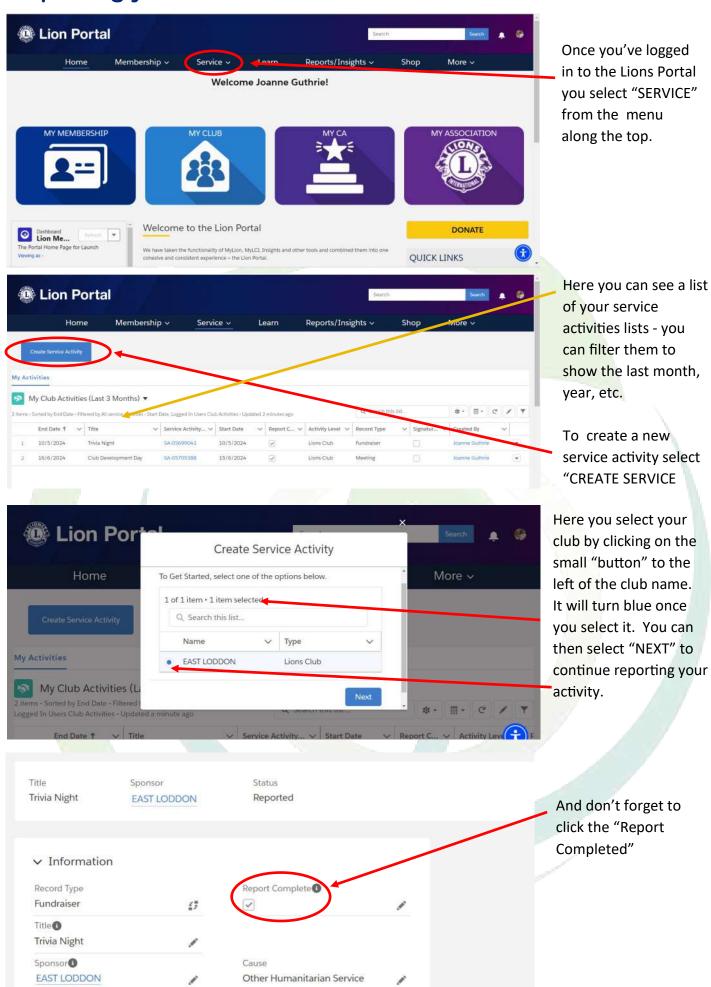
Early symptoms of type 1 diabetes are usually hard to recognise and can appear suddenly or slowly, these symptoms include feeling more thirsty than usual, urinating a lot, feeling tired and weak, excessive hunger, unexplained weight loss, blurred vision, and more.

This year, Australian Lions Hearing will be launching our annual event 'Lap the Map', where Lions across Australia put on their walking shoes to reach a goal with a combined distance that will exceed Australia's





#### Reporting your Club's Service Activities in the Lions Portal



Activity Level

Project Type



## You are invited to attend the

Changeover Dinner

#### SATURDAY, 27 JULY 2024

6:30 FOR 7:00PM

CLUB MULWALA

271 MELBOURNE STREET, MULWALA

#### Cost \$32 per person

RSVP TO: Cabinet Secretary Clinton Cathro at email cabsecv6@lions.org.au
Or post to 2A Kanana Cr Wangaratta VIC 3677 by 18th July 2024

#### PAYMENT DETAILS: please select one

1) Link to 2024 Changeover Booking Site or QR code

2) EFT: BSB 032 870 Acc No. 236646

Acc Name: LCI District 201 V6

For reference on transfer: C/O Dinner (Members Name)

Email payment advice to: Cabinet Treasurer Ollie Tufvesson at cabtreas.v6@lions.org.au

3) CHEQUES: Please make payable to - Lions District 201 V6,





















Something is not quite right with this picture!







Peace Poster Entries















ions 106th International Convention

## Lions 106th International Convention





## Lions 106th International Convention



District 201V6 ROAR - JULY 2024



#### **Awareness Days & Upcoming Events**

#### **JULY**

3rd - International Plastic Bag Free Day 25th - Christmas in July 27th - V6 District Changeover

30th - International Day of Friendship

#### **AUGUST**

5-11th - Keep Australia Beautiful Week 8th - National Book Lovers Day 12th - International Youth Day 13th - Left Hander's Day

25th - Junior Public Speaking District Final

#### SEPTEMBER

4th - Father's Days 8th - International Literacy Day 21st - Alzheimer's Day

21st - International Day of Peace

**22nd - Junior Public Speaking State Final** 23rd - International Day of Sign Language

didn't see

YOUR

club in the latest
edition of....



deadline is 28th of each month





## Promoting Clubs through the District Newsletter - the ROAR

- Do you have an UPCOMING EVENT? Have you had an event you'd like to tell us about?
- Best place to promote it is through the Roar!
- Cut off date is the 28th of each month (items arriving after that date may not make it in but will be held over till the next one.
- Please send articles in a Word file (not a PDF)

EMAIL - v6roar@gmail.com

Promotional Trailer Bookings - <a href="https://calendly.com/v6trailer">https://calendly.com/v6trailer</a>

