



THE ROAR



DISTRICT 201V6 ~ APRIL 2024 ISSUE

April is...

Month ~ LEO Club Awareness



BUILDING A BETTER FUTURE

JOHN HOUGHTON

DISTRICT GOVERNOR 2023 - 2024

What's in this Month's Issue...

Leo Club Awareness Month	3
DG Report.....	7
District Treasurer's Report	9
Hope Lions.....	9
Beechworth Lions	10
Kerang Lions.....	11
Yarrawonga Lions	12
Henty Lions	13
Tungamah Lions	13
Youth of the Year	14
Hearing Dogs	14
East Loddon Lions	15
Corowa Lions	16
Benalla Lions	16
Free Chemotherapy Turbans Project.....	17
Junior Public Speaking	18
New Lions Portal.....	19
GMT Report	20
ALCCRF.....	21
Noticeboard.....	22
Darwin Convention Newsletter.....	23
ALF - Sari-Elle's Everest Goal	24
100+ Ideas	25
Licola Newsletter.....	27
ALWF	30
Vaping Factsheet.....	31
Links, Contacts & Useful Information	33



Awareness Days & Upcoming Events

APRIL

- 1st - Easter Monday
- 7th - World Health Day
- 11-21st - National Youth Week is celebrated in some parts of the Country
- 19th - National Hearing Dog Day**
- 22nd - World Earth Day**
- 24-30th world Immunisation Week
- 25th - Anzac Day
- 27th - Lions International Worldwide Induction Day**
- 28th - World Day for Safety & Health at Work
- 28th - Pay it Forward Day

MAY

- 4th - May the Fourth - International Star Wars Day
- 8th - World Ovarian Cancer Day
- 12th - Mother's Day
- 14-21st National Road Safety Week
- 20th - National RA Day** (Lions Rheumatoid Arthritis Foundation)
- 20-26th National Volunteer Week**
- 24th - National Coffee Day
- 28th - World Hunger Day**
- 31st - Last day of Autumn

JUNE

- 1st First day of Winter
- 7th - Lions International's Birthday**
- 10-16th Men's Health Week
- 12th - Thank a First Responder Day**
- 21st - Winter Solstice
- 21-25th - Lions International Convention (Melbourne)
- 27th - Helen Keller Day**

April is...

LEO Club Awareness Month



April marks Leos Awareness month and I wonder how many clubs would know what Leos do, and how they are set up.

Leos need a strong Lions Club to start them, and they are their own entity. They are not a group formed to bolster up the Lions Club. They are capable of some amazing things, just like your local Leo Club. In many cases, they do the things that Lions do, and in many cases, much more.

Each club is so unique in its make up. Some are community based clubs and some are school based clubs.

There are two types of Leos Clubs, Alpha and Omega. Alpha clubs range from 12 to 18 years of age, while Omega range from 18 to 30. Alpha Clubs can be community or school based, while most Omega Clubs can be found in tertiary institutions.

Cobram on the Murray is a good example of a school based club, where it is a requirement to attend the Cobram Specialist School, These people do some amazing things under the guidance of some very committed teachers and

staff members, as well as having a pair of advisors in Ron Simon and Les Harrison.

Omega Clubs often meet online to organise their service activities.

Leos offer young people the chance to learn Leadership skills, Excellence and Opportunity. We are developing some wonderful young leaders in our communities. Some have gone on to become Lions.






Cohuna is a club which has done wonderful things, winning the Project of the Year Award for Multiple District with their work in the Rochester floods and Upper Murray Bushfires.

Tungamah raised well over \$6000 for a solar powered fountain to be erected in the local creek to improve the habitat for birds and fish. Plenty of car washes and sausages went into doing this.

Look at what energetic young hands can do for your community and think...



This is the time that Leos and Lions around the world share the great work of the Leo Club Program. Follow this checklist to promote and celebrate Leo clubs.

-  **Share Leo Stories on Your Social Media** - Share the good work Leos are doing in your community across your Cub & District social media - Facebook & Instagram, share them in your Club & District Newsletters.
-  **Attend a Leos meeting or function** - Why not get right down to it and go along to a Leos event and see what it is they do in your Community! Encourage other local clubs to join in as well!
-  **Host a New Member Induction Ceremony on #WorldWideInductionDay** - The last Saturday in April is Lions Worldwide Induction Day. We encourage you to invite all of your new members in April so they can formally be welcomed into your club on April 27.
-  **Do a Service Project** - Nothing means more to Leos than helping their communities. Plan a service project with a Leos Club, to give back to your community in April or think outside the box and plan a bigger service project with them.
-  **Recognize Leo Members for Their Hard Work** – Leos are all about service, but let's not forget to recognise those who have gone above and beyond. If you'd like to host your own awards ceremony in your club or district, you can create your certificates and have a special function to recognise the service Leos do.

V6 Leo of the Year Final

The District held its Leo of the Year Final at Cobram recently. Two clubs provided contestants. Cobram on the Murray had Xavier North representing the club, while Cohuna had Gillian McKenzie.

Janet Austin, Ron Simon and crew did a wonderful job in hosting the day. Judges were Bob Beggs representing the community, Lion Elsie Sparrowhawk and Lion Omeni Ndlovu.

The day consisted of interviews for each contestants and then there was a light luncheon.

The speeches were a real highlight, with Xavier speaking about his journey through the Specialist School and St Joseph's School. He touched on his music career where he plays in the school band. His was an outstanding speech.

Gillian spoke on head injury trauma and was very thorough in her presentation. Gillian was to take out the public speaking section of the Leo of the Year, whilst Xavier was the over all winner and went on to represent the district at Croydon.

Many thanks Cobram for organising the day and giving youth an opportunity.

Xavier went on to the final, where he finished runner up to Charlize Chow. Well done to both contestants.



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Victorian Leo of the Year

Sunday's Leo of the Year final saw Charlize Chow the winner. Xavier North from Cobram on the Murray was runner up. Two outstanding young leaders!



April is...

LEO Club Awareness Month



Building a Better Future

April is...

LEO Club Awareness Month



Tungamah Leos

Tungamah Leos are gearing up for another big month as school holidays are over and done with and we are out to have fun and help others.

We have the big Carp Muster coming up on Sunday the 14th April and there is a flyer in this edition of the world famous Moira Independent.

Starting time will be 11 a.m. and will run through until 2 p.m. We have some really great prizes to be fished for, so keep your eyes open around the town.

Entry fee is \$5 for kids and \$10 for adults with a maximum of \$25 for a family. Pretty good value when you have a lunch thrown in as well. Soft drinks will incur a charge as will Sno Cones, but the food will be excellent. Hot dogs and sausages are on the menu. Ring Les on 0417301797 for more information.

On Thursday, 11th April, we are having day out for the Leos at Barooga with swimming in the heated pool, mini golf, followed by Maccas. It's free for Leos, and we are inviting other young people to

come along, but there will be a charge of \$10. However, if you wish to join Leos and get it for free, Les has the forms.

Our stocking program is still happening with the fish and we still collect used spectacles.

Leo of the Year has been happening recently, with Xavier North from Cobram Specialist School (and Cobram on the Murray Leos) winning the right to represent the District Leos at Croydon. Gillian McKenzie from Cohuna did a brilliant job and was the Public Speaking winner.

Les and Robyn went on down to Melbourne for the Sate Final, where the winner was Charlize Chow. Charlize was an outstanding contestant, while Xavier was runner up. These are our future leaders, so we are in very good hands.

We welcomed a new Leo Cub in Xavier at our last meeting which was full of high jinks as usual. We are still having a day at Fun Planet soon.

We can still do with more Leos from 12 till 18, plus cubs from 10 to 12, so give it serious thought.

LITTLE ROARER.



2023 Alpha Club Winner – Cohuna Leo Club – Community Service Project – Hug in a Rug



Cohuna LEOS saw the impact of the flood waters on Lismore and wanted to help, deciding they could send a 'Hug in a Rug' to some of the children affected.

When flood-waters devastated Rochester, Leos swung into action to create more "Hug in a Rug" to help out. Following a visit by LEO Advisor Lee to the evacuation centre at Elmore, it was identified that there was a great need for play equipment for the children living there.

Bears, outdoor play equipment and art supplies, books were purchased, also bean bags, bookcases. Leos took their Donut van to Elmore and provided free BBQ lunch and Donuts to everyone.

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"The biggest benefit for me since becoming a Leo has been the relationships and the lifelong friendships I've developed."

Georgia Bailey - 2023 Leo of the Year



April is...

LEO Club Awareness Month



DG Report



Evening at the Blighty Hotel



Beechworth Lions

Lion John – 10 Years



Lion Sven – 15 Years



Exchanging Banerettes



Lion Christine – 20 Years



Lion Pauline 10 Years

Hoping that everyone had a Hopping Good Easter and a Safe one with family and friends.

March 5th Jennefer and I joined with Zone Chairperson Lion John Weirnet the Finley, Deniliquin, Tocumwal, Berrigan and Jerilderie clubs for there annual get together at the Blighty Hotel early in March. I presented 4 Service Awards to Lion John O'Rourke – 15 years, Lion Peter Scott – 15 Years and Lion Ron Beattie – 45 years and Lion Duncan Carmicheal for 10 Years. It was a great night of fellowship and sharing of ideas for all. March 6th, we attended the Beechworth Lions Club for a dinner meeting with the Club. It was a pleasure to give Service Awards to Lion John, Lion Sven, Lion Christine and Lion Pauline, also Lion Lesley who was not in attendance.

Wangaratta Lions Club had a big few weekends and one was the Day of the Black Dog Ride where over 200 Motorcycle riders participated who support and promoted Men's Health, the Lions catered breakfast and lunch and also the Fun Run being held across the town by being marshals for the morning. Even myself participated in the Bike ride to Lake Buffalo and back on his Bike with Mayor Dean Rees on a Harley.

On March 18th Corowa Lions Club invited myself to induct three new Lions to their Club- Lion Kristine, Lion Werner and Lion Angie. I also presented

John Houghton

10-year Service Awards to Lion John and Lion Valerie. Thursday 21st I visited Tongala for their dinner meeting and presented 50-year Service Award to Lion Murray Ross – 40-year Service Awards to Lion Ken Chapman, Lion Douglas Cowan and Lion John Ryan. I also passed on a 30-year Service Award for the Club to present at a later date for Lion Murray Hitchcock.

A special Meeting was Conducted on the 23rd March to organise the future Team for our District with Past District Governors at Yarrawonga.

Attended at the Mansfield to Market over the Easter Weekend with GMT – Lion Neil Stewart and Lion Marg and Peter Poels from Benalla – the numbers are looking very favourable for the Club to move forward.

Wangaratta Lions Club presented Lion Micheal Everard with a well-deserved Chris August Award on their Charter Night on 14th March. Lion Keith Fleet – 30 years, Lion Alison Kazenwadel – 10 Year, Lion Rob McLeish – 50 Years and Lion Garth Suffern 15 years were all presented with the Chevrons for Service.

AND AGAIN - Don't forget to put the Melbourne International Convention in your diaries. The convention is being held at the Melbourne Convention & Exhibition Centre from June 21st – June 25th, 2024.

It is great to see a larger number of Lion Clubs in V6 are reporting Service and correcting their membership databases. Please assist your Club to achieve our target of 100% reporting

Lions Clubs are the best kept secret and we need to promote ourselves and our projects to the wider community. The more hands we have assisting in our projects the more hearts and minds we can help in our community and beyond. I would like to suggest that all clubs look at their Internet/Facebook exposure and ensure that it's kept up to date with a variety of pictures of people and activities.

2024 will be a busy year, and we must continue to strive to make District V6 one that is moving forward with the times, listening to our members and caring to our communities close to home and those farther afield.

As my theme for 2023-2024 is Building a Better Future I believe we can do this together and Change the World.

CHECK OUT my photos to prove that Lions is for all the family.... even when the Grandkids get involved.

John Houghton

District Governor 201V6
*Building a Better Future
Changing the World*



Just a few of the participants of the BlackDog Ride @ Wangaratta



Just to prove that Lions is for all the family - Grandkids cleaning out the Lions Trailer



Ten Year Service Awards for Corowa Lions



Three New Lions Inducted at Corowa

Lion Michael Everard accepting Club Excellence Award for Wangaratta 2022-2023



Awards for Tongala Lions Club from 50 years – 40 Years Service



Easter Bonnet Parade at Tongala.

District Treasurer's Report

Phantom Deposit

The amount of \$1219.33 has been deposited into the District Clearing Account, the one where normal payments go, it had the following Narrative/Reference/Description: "DEPOSIT WAW CREDIT UNION Intfees Ident 3718".

I am unable to identify where it came from and only have the following clues: The bank is Wangaratta Credit Union, and it was intended to pay international dues. The "Ident 3718" doesn't help as it's on every District 201V6 International invoice. Also, no Club owes this amount to LCI. Could the depositor please let me know who they are.

In-Good-Standing Preservation

During April you will be receiving estimates relating to preserving your Club's good standing, which is required for your delegate to vote at the upcoming Multiple District Convention in Darwin (24-27 May) and International Convention in Melbourne (21-25 Jun). Any Lions International dues over US\$10.00 outstanding for 30 days will make your Club delegates ineligible to vote. If you do not have delegates going, you can choose to let it roll over to the next half yearly invoice.

The estimate will show how much is outstanding in AUS\$ and will be converted to an invoice if you choose to pay it. Note: invoices and estimates coming from District will have sender details "District 201V6 Treasurer <email-reckonone@reckon.com>".

To make it for the Darwin Convention the deadline is 9 May to LCI, so I need payment 4 of May to give me time to process it.

ABN Not-For-Profit Status Reporting

Things are happening, after a successful workshop at Lockington there are ones planned for 07 Apr in Wodonga (contact is Paul Shortis) and 14 May in Gunbower (contact is Jeanette Cowan). Multiple District have also been busy lobbying the Tax Office for concessions with some success. The "Change of registration details" form is now downloadable and there is going to be a phone-in option for lodging the first report.

Going on Leave

I will be on leave from the 14 April to 5 of May, I will have computer access so can process EFT payments and cheques will have to wait until I get back. That phantom payment might come in handy.

District 201V6 Treasurer
Ollie Tufvesson
0477 143 336

Hope Lions' Happenings

Growing trees to help improve our damaged ecosystems and to make a more sustainable future and a healthier environment for our families in the future:

The club is into its 3rd season as volunteer growers for Tree Project Victoria.

1, 344 tubes of seedlings were planted in December 2023 in 4 "Kits".

(A "kit" is 7 polystyrene boxes with 48 tubes in each box).

The species of trees that have been grown are Eucalyptus, Golden Wattle, River Red Gum, Lightwoods, Yellow Box and Blakely's Red Gum. The species of native grass that has been grown are Grey Tussock, Common Tussock and Kangaroo and, native plants grown – Variable Billy-buttons. It has been a great growing season with good germination and healthy seedlings with very minimum loss.

The seedlings have been grown for the Ovens Valley Landcare Network. The planting site is Murrungee Reserve, Gapsted. Victoria.



Photos – Some of the 1, 344 seedlings March 2024

Beechworth Lions

Zone 9 Meeting – 17th March - Yackandandah Lions Club. On behalf of Zone 9 President John Eldrid I would like to thank Des Brooker and Sandra Temple from Wodonga Lions Club, Yvonne Holt from Lavington Lions Club, and myself from Beechworth Lions Club for a very informative meeting and discussion on "Succession Planning". Some very good possibilities came up, and some exciting possibilities and ideas for increasing membership which we could take away. Not all negative but very hopeful in the possibilities. Invitations for inter club visits, and upcoming programs were also discussed. Thank you John and Sandra for a lovely get-together at lunch at the Star Hotel.



Beechworth Lions Club, Beechworth Rotary Club, Beechworth CWA and Beechworth Scouts would like to sincerely thank Platinum Signs, Screens and Media in North Street, Albury for replacing the Australia Day Banner slashed and paint splattered in the days before our Community Event. It is so wonderful that we have such generous people out there. Again sincere thanks from the Beechworth Community Volunteers to the owner and staff of Platinum Signs, Screens and Media. Photos accepting and unfolding the banner are Lion Lyn Hayes, Lion Christine Luckman, and Julie Jarrett (Platinum Signs, Screens and Media).



would like to thank Indigo Shire, Mayor and CEO and staff for their help with the use of the Council Chambers and morning tea for the Keep Australia Beautiful National Tidy Towns National Judging on 14th March. Lion Christine Luckman was there assisting President Iris Mannik (also Sustainably Communities – Tidy Towns Co-ordinator) on the morning. Beechworth is heading to Western Australia in May to represent Victoria in the National Awards.



Latest Lions project completed at the Gang Plate Layers Cottage, the window shutters have been installed. Slab for garden shed in progress, the shed package is in the lounge room awaiting installation, and the Turfing starting next week. So except for some touching ups the cottage is near completion for the Official Opening in July. We hope that our Expression of Interest submission to Indigo Shire is successful for Beechworth Lions to manage and have a home in the cottage.



Kerang Lions



IGA Market Day Sausage Sizzle, raised \$200.



Clean Up Australia Project recommenced after Covid.



Driver Reviver Labour Day Weekend.

Lions Awareness Day Activities

LIONS SHOW THEIR WORTH

On Lions Awareness Day, Saturday 2nd March, Yarrawonga, Lake Mulwala and Tungamah Lions Clubs joined forces and set up a display of projects and information about how they help the community. They also provided customers with the traditional sausage sizzle and got the message out about the value of volunteering, having fun and being a member of the world's largest service club organisation. Handouts were distributed to many passers-by with information about the three active Lions Clubs in area.



The three local Lions Club join forces at Bunnings Yarrawonga



Lions Club of Lake Mulwala Proud to Help

PROUD TO CLEAN UP AUSTRALIA A dedicated band of Lions Club of Lake Mulwala members picked up bags of litter along the walking/cycle track beside the Murray Valley Highway in Yarrawonga. The club was proud to help on the national Clean Up day on Sunday 3 March, which is well supported by many community groups and individuals. It is hoped their work prompts everyone to dispose of rubbish thoughtfully.





Kerang Neighbourhood House Op Shop opening -



free sausage sizzle run by Lions!

Free Skin Checks at Kerang. 108 tested, 33 referred to their GPs. Important project! More than 50 of those tested had never been checked

previously.

Yarrawonga Lions

Yarrawonga - What a way to start the month. We ran our weekly K Hub BBQ and Bunnings BBQ, it was also Lions Awareness day. Yarrawonga, Lake Mulwala and Tungamah Lions Clubs joined together to celebrate this day by cooking sausages and manning our promotional table at Bunnings Yarrawonga. This gave all 3 clubs the opportunity to show off their projects and have a chat with the public informing them of the benefits of becoming a Lion.



Tungamah Lions Les and Robin, Lake Mulwala Lions Win and Margaret, Yarrawonga Lions Joan and Ollie -



Club Mulwala Lion Helen, Yarrawonga Lion George and Tungamah Lion Leslie

Whilst half of our members were involved in the 2 BBQ's the rest of our members catered for a wedding for one of our members sons. This was set in a rural setting and the weather was kind which made the day a very memorable one for all concerned.



Lions Cathy, President Jock, Diane, Debbie and Linda

Our month continued with our regular K Hub BBQs – however – We will be hosting our Biggest BBQ in April when the 4 KHub BBQs will raise funds for Childhood Cancer. Every year our club devotes our April takings to be donated to Australian Lions Childhood Cancer Research Foundation, so if you happen to be in Yarrawonga any Saturday in April drop in and buy a sausage or bacon and egg roll knowing that the funds will be passed on. “We believe every child deserves a chance at a healthy life”



We would like to wish everyone and every club a very happy Easter – keep safe and enjoy doing what you do – Lions is a very special organisation, and we should be very proud of our achievements.

Henty Lions Happenings

On a very hot night in late February Henty Lions welcomed DG John and his wife, Jennefer to a meeting of the club. It took the form of a casual BBQ under the gazebo at the home of Lion Julie allowing for good conversation and fellowship. DG John talked about the work of



Lions within the district and the importance of reporting our service. He presented President Noel with a certificate of appreciation on behalf of the club for our 2022-23 Foundation donation and the John Houghton Banner. The highlight of the night

was the presentation by DG John of a Chris August Award to Lion Garry Small in recognition of his contributions to the Lions Club of Henty and to the local community.



In early March members were once again out in the community to provide a tasty breakfast of egg & bacon rolls, juice, tea & coffee over the two mornings of the annual Men's Invitation Triples Bowls Competition at the Henty Bowling Club. Our thanks must go to the Henty Bowling Club and the participating bowlers for their support.

Last Saturday night the Lions members and friends put on their thinking caps and fought it out to be declared Trivia Masters at the club's annual Trivia Night. There was a great deal of head scratching and hilarity at some of the answers, but a good time was had by all who attended. The funniest question of the night was; Cockroaches do what every 15 minutes? ... Fart! The proceeds of the night are going to Prostate Cancer Research.



Tungamah Lions

The past month has been an incredibly busy time for the local Lions with fundraising and service activities.

Most months include a “Bunnings” and once again we had a very successful day during February. There was lots of laughter and banter as we fed the customers.

We also had a Bunnings with a difference when we had a Lions Awareness Day to promote the many wonderful things we did. Lions from the clubs of Yarrawonga, Lake Mulwala and Tungamah combined to cook the sausages and run information booths. We also had a successful raffle to supplement money raised for such things as Hearing Dogs and Diabetes Awareness as well as research into Children's Cancer.

District Final



On Sunday the 24th March 2024 the Lions Club of Tocumwal hosted the 201V6 District Youth of the Year Final. Unfortunately, it was a bit like the Melbourne Cup with lots of late scratching's. The winner from East Loddon elected not to progress, the winner from Rochester chose to play football for the Bendigo Pioneers and the winner from Cobram was too ill to attend. One of my judges injured her back and could not travel. Regardless of all these changes the standard of our final three students was exceptional. Each student was interviewed for approximately 40 minutes by the Judges and impressed them with their knowledge, determination, and community involvement.

After lunch the students returned to undergo two impromptu questions before presenting their prepared speeches.

Bethany Oswald from St Mary of the Angels College representing Numurkah Lions Club spoke on body image and sport.

James Frazer from Corowa High School representing Corowa Lions Club spoke on Anzac Cove and the memory of an ANZAC Legend.

Oliver Baitch from The Scot School Albury representing the Lions Club of Albury spoke about Commemoration of War in the Pacific, a story of a prisoner of war.

After much deliberation the results were extremely close, the Overall and Best Presentation Awards went to Oliver Baitch. Oliver will now progress to the State Youth of the Year Final in Maryborough on Saturday the 27th of April representing District 201V6.

I would like to thank the members of the Tocumwal Lions Club for opening their function centre and preparing the officials lunch and magnificent afternoon tea for those who came to support their youth representatives.

Mark Nordbye
YOTY Chairperson.



Meet Yannis, soon to be our 700th Hearing Assistance Dog! If you haven't already heard the buzz, Yannis is set to take the spotlight as the face of our

upcoming National Hearing Dog Day; a fitting milestone to reach on such special occasion!

National Hearing Dog Day marks the annual celebration of the incredible contribution made by Hearing Dogs, who dedicate their lives to positively impacting and even saving the lives of individuals who are deaf or hard of hearing. This significant event falls on April 19th, commemorating the day when Amber, our very first Hearing Assistance Dog, was delivered in Australia, free-of-charge to a recipient in need, marking the start of our journey. Since then, Australian Lions Hearing Dogs has provided 700 Hearing Assistance Dogs to Australians in need.

This year, we're embracing the theme 'All Shapes and Sizes' as we celebrate the diversity of breeds that can become Hearing Assistance Dogs, each one capable of profoundly changing someone's life for the better.

Your Lions Club can support and celebrate the day with us by sharing stories of a Hearing Assistance Dog you know. Or better yet, why not host your own celebrations! We have PR resources free to download on our NHDD webpage to spice up your event. Let's make this special day unforgettable!

Our annual appeal will also be coming out soon, reaching all Lions Clubs in just a few weeks' time. We kindly ask for your support in helping us continue providing amazing Hearing Assistance Dogs, like Amber and Yannis, to Australians who are deaf or hard of hearing.

Moreover, you can catch our team at both the MD201 Convention in Darwin and the International Lions Convention in Melbourne in the upcoming month. Swing by and say hi! We're always more than happy to share updates on our programs with you!

We also finished a project for a lady whom needed a new floor in her annex and this was done. We had some wonderful help by some locals who I won't embarrass by naming, but we do appreciate your input.

We have assisted with transport for elderly people with transport to appointments and hospital trips.

One of the biggest things we did was to help with the cooking at the town's special event to help Robbie Irvine, a favourite to us all. This was a great example of how wonderful our town is. Never have we worked so hard to cook sausages, hamburgers and chops.

Catering at the Wilby Car Races took our catering skills to a new level and we really found out what it was like to be run off our feet. We did make a lot of dough out of the day, but for the twelve people who gave up their Wednesday to make it happen, we say thank you immensely. It also gave us a chance to give our new bain marie a good work out.

Two days after the Wilby Races, we cooked 200 sausages for the students of Sacred Heart Primary School. These kids have such wonderful manners.

Les attended meetings for Lions on a District basis and travelled to Melbourne for the Victorian Leo of the Year final with Robyn.

Tonight, we are having a fun night for our meeting with fish and chips from the shop and a movie night featuring Ma and Pa Kettle. We deserve some relaxation going into Easter.

After Easter we have more things happening with the footy gates coming up on the 13th April and the Leos Carp Muster on the 14th April. Also, on the 14th some members are going to Wangaratta to cook for a table tennis tournament. Les and Robyn will be heading to Hahndorf for the Hearing Dogs Open Day.

Carol Dickinson is on the injured list and we wish her all the best as she recuperates. Some months, you know, it is like dealing with a footy team's injuries.

Anyway, hooroo for this month.

ROARER.

East Loddon Lions

East Loddon Lions have been busy doing some Flood Recovery planning and events. We received a grant to run 3 community painting sessions. These nights/days involved a planned painting activity for community members and a free BBQ. Our first night was for Emergency Services, and although not well attended, those who did come along had a great time and the opportunity to speak with peer support members from their agency. And it would see we have some Picasso's in our community! We have two more family orientated events to come and hope these are a success as well.



We also held our Annual Driver Reviver on the Thursday before Easter and Good Friday. Good Friday is a new day for us and I think we will continue to do our Driver Reviver on this day in the future. It was a great two days talking to people from around the state.



On Easter Saturday, a few of us headed over to help out fellow Quambatook Lions with the Tractor Pull. A huge event, a very long day, but a great day for Lions. There were definitely a few exhausted Lions by the time we left on Saturday night.



Corowa Lions

Corowa Lions, Heather and Gary Leadbetter win best dressed at the Corowa clubs St. Patrick's night.



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Benalla Lions

Benalla Lions Club's Easter Driver Reviver Activity Held on the 28th & 29th March 2024. Although our Benalla Lions Club is still waiting on the return of Food Truck from repairs after it was stolen on the 3rd June 2023, we decided to conduct the Driver Reviver Site using a Gazebo, which turned out OK as the weather was fantastic, we ran the site on Thursday from 10.00am till 9.00pm, and on Friday we ran the site from 8.00am till 4.00pm.

During Thursday there was a man and his partner looking around the area, so I asked the gentleman would he please come and say hello to my wife Margaret, which he was happy to do.

As you can see in the photo, he is 6'11" tall and I suggested to him that he had a good "grip on the world" as the size of his sneakers were enormous, to which he replied, the Government were thinking of charging him extra "LAND TAX", they were a great couple and showed there are still a lot of nice people around.

Our Club always has a Donation bin on the table, and this year we will be Donating \$1300.00 to the Childrens hospital appeal, which is what the Driver Reviver Easter weekend is all about.

Peter Poels Club Member

Benalla Lions continued...

President Peter and Margaret Poels attended the P12 College School Assembly, where the new Year 1 students are officially welcomed to the School. It was a lovely morning to see the young ones escorted in to begin their school journey by the Year 12 students, who are ending their secondary journey.

The Benalla Lions Club participated in the Clean Up Australia Day, on Sunday 17th March, with 3 members and 1 Lions Lady, Chris and Helen Vaughan and Margaret and Peter Poels. Collected the rubbish in the Benalla Showgrounds.

The area was quite clean, even after a footy match the day before, and also the Dog Trial Show that had been there earlier, so only one bag of rubbish was collected.

The Benalla Farmers and Craft Market was very well attended on Saturday 23rd March. Locals



and visitors alike visited the market due to the Street Art Festival being held that week. There were a large number of sites holders with big smiles on their faces. Both Freemasons and Rotary sold out of food by 12 o'clock, and site holders took longer than usual to pack up, so they must have had a "good day".

Margaret P



Free Chemotherapy Turban Project

Hello Lovely people,
We at The Andrew Love Cancer Centre Wellness Lounge in Geelong received a box of your beautiful turbans and they were AMAZING!!

You made many people smile in this traumatic time. We love what you do there and if we can promote you in any way we would love to share your kindness here in the lounge.

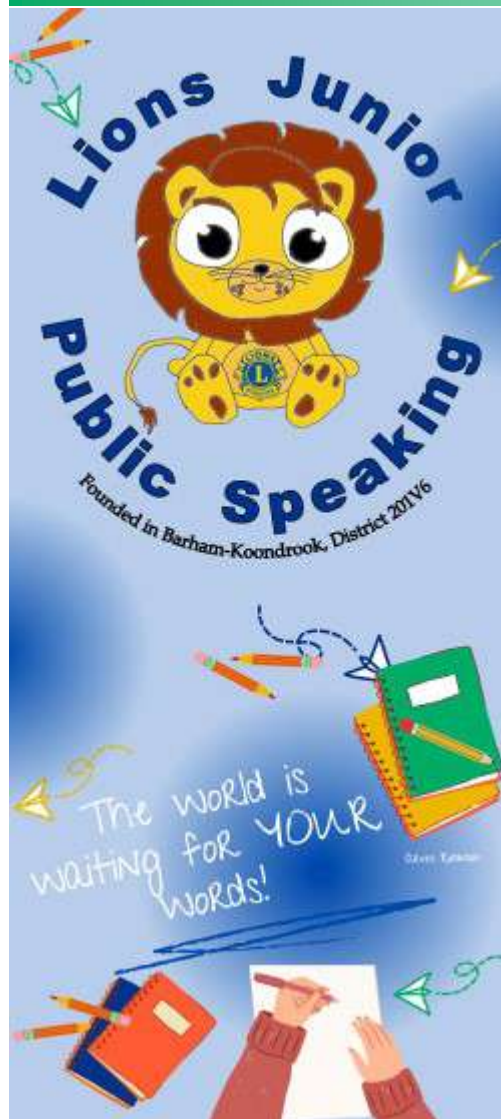
Warm regards
Shelley
The ALCC Wellness Team

from the heart...

Turban Angels... And what we do...

- Turban Angels is what we call ourselves.
- We create from stretch fabrics classy, Turban style caps.
- From fleecy fabrics we make snugly, unisex caps.
- From cotton fabrics we create a myriad of things - PCA Pump bags, Stoma cover bags (on request) Adult Bandannas, plus our beautiful Kidz Inspirational Tag embroidered Bandannas.
- Donations to our project are used in many ways.
- Left overs we donate to schools for their craft rooms.
- Every bit we save on purchasing fabrics goes towards our postal costs. We unfortunately no longer have a courier onboard so we use pre paid post bags. They contain 65 pieces of headwear.





By now all schools have been contacted and given the 2024 Topics. All information is on the V6 website, a huge thank you to Jo, the new 2024 Student Entry Form, Club Registration Form, Judges and Volunteer Code of Conduct Form and Advisory Forms, and all the information for how to organise the program.

The Timeline for the 2024 program is –

- Club Registration is due by the 31st May, 2024
- School competition to be completed by the end of June.
- Club Final to be completed by the end of July.
- Region Final to be held in the First 2 weeks of August.
- District Final will be held on the 25th August.
- Proposed V District Final to be held on Sunday 22nd September, confirmation of date and venue to be advised.

I have received a comment from a School Teacher – “Why don’t Club’s support their local Schools?”, all schools deserve to be involved, to give the young people in our communities the opportunity to gain confidence to present a speech to an audience other than their peers.

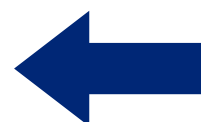
Last year in 2023, there were 31 Clubs participate, there are 55 Clubs in our District, so let’s make it more this year.

I am looking forward to listening to the students present their speeches.


Margaret Poels

201 Multiple District Junior Public Speaking Chairperson

CLICK HERE TO DOWNLOAD JPS PAPERWORK FROM THE V6 WEBSITE!



Year 3-4



2024 TOPICS

Favourite Fairytale or Book Character - If you could talk to your favourite fairytale character or a character from your favourite book – who would it be, why are they your favourite character and what would you ask them?

While some of the details may be fictional - it must be based on true facts.

Who is the most influential person in your life? Interview this person and then tell us about them - who are they, what do they do and how have they influenced you?

Note: They may be a member of your family, grandparent, local policeman/woman, firefighter, doctor, nurse, teacher, or a member of the community. This should be a true account of the interview, not fictional.

Year 5-6



2024 CLUB REGISTRATION 31ST MAY

**SEND YOUR REGISTRATION FORM AND
PAYMENT TO YOUR DISTRICT CHAIRPERSON**

New Lions Portal

Dear Lions and Leos,
Preparation is underway to begin rolling out the new Lion Portal. Here is some important information to prepare you for launch.

Phased rollout for Lion Account Users

Our target launch window is April 15 – May 13*. During this time, all current Lion Account users will receive an email inviting them to access the new Lion Portal**. We're doing this phased rollout to ensure staff are available to provide the best support possible and offer you a positive introductory experience.

- **Now – April 11:** MyLion, MyLCI and Insights will continue to function as normal.
- **April 12 and beyond:** MyLion, MyLCI and Insights are no longer available.
- **April 15 – May 13:** Invitations to access the new Lion Portal sent via email on a rolling basis to existing Lion Account users.

Please note: User permissions will not change. In other words, those who can report service, access member data and other key functions remains the same.

- **May 13 and beyond:** All visitors attempting to access the previous digital tools will be automatically redirected to the new Lion Portal.

*Dates are subject to change. Our number one goal is to create a positive experience for Lions and Leos. If determined more time is required to ensure the product is in an optimal state, the dates may be adjusted accordingly.

**If you don't see the email in your everyday inbox, please check all spam and junk folders for it first before contacting Member Support.

Note that the new Lion Portal will require a **unique, unshared email**, and phone numbers will no longer be supported as a log in credential.

Information and resources

Be sure to visit lionsclubs.org/portal-updates for the latest information and resources, which includes handy how-to videos for help accessing the new portal once you've received your Lion Portal invitation email.

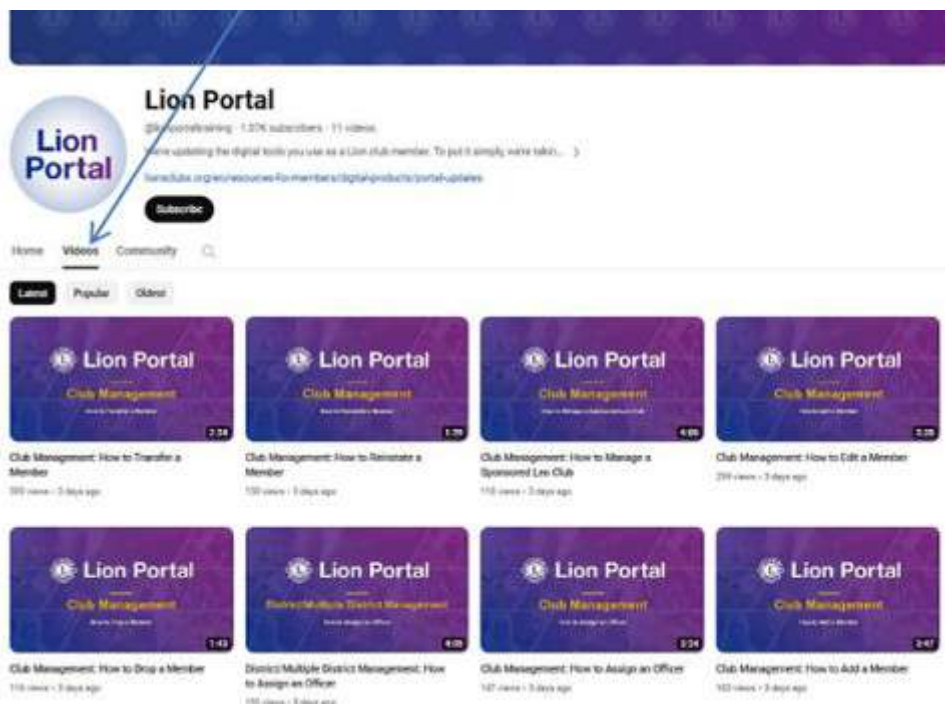
We appreciate your support and thank you for your continued service as we prepare for the new Lion Portal – together.

Sincerely, *Sue Ben*
Chief of Technology, Lions International

.....

There are additional training videos on the link below, to those advised several weeks ago- those relevant ones for clubs were Navigating Lions portal as a club officer, and Navigating Lions portal as a Lion or Leo.

The new topics cover how to Edit/Transfer/Add/Reinstate/Drop members, plus how to assign an officer at Club level, and manage a sponsored Leo club.



www.youtube.com/@lionportaltraining

When you have the page open, click on “videos” to see all displayed in a grid. It is expected that as more videos are made, they will be available on this page

GMT Report

As of March 26th, we have 1055 members after beginning 2023/2024 with 1048 members. We have added 90 new members and dropped 83. We are net +7 for the year and net +4 for the month of March. Congratulations to Walla Walla, Cobram, Chiltern, Culcairn, and Corowa who have inducted new members during March.

While we are still trending positively regarding new members as DG John's goal was 95 new members by the end of June 2024, we have just edged past the goal of no more than eighty drops. During March six members were dropped (three resigned in good standing, one moved, and one transferred in good standing) while ten were added. All those members who resigned in good standing or moved were Lions for less than three years. While recruiting is important retention is equally important. Growth cannot happen if we are losing members as fast as we are inducting new members.

One of DG John's membership goals is the chartering of one new club. The reestablishment of a presence in the Mansfield area has been a key goal. On Sunday morning February 18th we held a meeting in Mansfield at the Delatite Hotel following positive responses gained from our presence at the Mansfield Bush Markets in November and January. Thank you to Membership National Coordinator PDG Ann Eldridge who addressed those at the meeting. DG John, PDG Peter and Margaret Poels and Paul Shortis were also in attendance. As a result of

that meeting, I currently have four completed applications for membership and expect one to possibly three further applications. Further, there has been interest expressed from a few other locals who could not attend the meeting. The market site has been booked for the Easter Saturday Bush Market and I am hoping that we may gain further interest and increase the number of applications for membership. Overall, I am very confident that we will very shortly see the formation of a Club Branch in Mansfield.

Lions awareness day was held on March 2nd - 3rd and I am aware that several of our clubs did promote, participate and post on social media how they celebrated Lions awareness day over that weekend.

A reminder that there are plenty of membership resources available and if you would like me to send you any membership material or where to source these resources, please let me know. Also, our V6 District membership trailer is available for booking. The link to book is: <https://calendly.com/v6trailer>

As of March 8th, the latest membership figures for Multiple District show that we are 147 members in the positive, 12 Districts (including V6) are in positive growth, 8 of the 19 Districts are not in transition, and there are 2 more clubs ready to open. Overall, this is very positive news.

IPDG Neil Stuart

V6 GMT Coordinator

"Building a Better Future" / "Changing the World"

Dear GMT Coordinator,

With so much effort being spent on bringing in new members, it can be easy to overlook the importance of retention. Growth can't happen if Lions are leaving as fast as new members are being inducted. Some clubs and districts believe they have to choose between recruiting or retaining. Top-performing clubs and districts realize they can and must do both.

The three main reasons why Lions drop their membership are conflict within the club, a lack of feeling of belonging in their club and scheduling conflicts. All these problems have one thing in common: we have the power to solve them. We can deal with conflict fairly. We can make our members feel like they are an important part of their club. We can be more flexible in scheduling meetings by allowing members to participate virtually.

The best way to measure membership satisfaction is by conducting an Exceeding Expectations survey. This resource contains a brief member survey as well as a guide for how to score the survey and address issues the survey results expose. It is recommended that club membership chairpersons conduct an Exceeding Expectations survey each year to identify potential issues.

News & Updates

By planning projects and serving together, Leos and Lions can share new perspectives and create lasting relationships. And along the way, everyone will build new skills, give back to the community — and have fun together! Check out the new webpage and planning tool today to start planning together.

The newly updated Family Membership Guide and brochure

are now available. These resources will help clubs appeal to younger adults and their children.

Worldwide Induction Day is coming up on April 27. Join Lions from around the world by welcoming new members to your clubs. The Worldwide Induction Day webpage has many great resources to help you plan your event.

Remember, happy Lions don't drop. They become more involved in leading their clubs and performing more service. They invite their friends and family to join their clubs. This is how we will reach the targets for MISSION 1.5 and become the organization our communities need us to be.

Sincerely,
The Membership Division

ALCCRF

Raising funds for Australian Lions Childhood Cancer Research Foundation seems to be a formidable task in our District of 201 V6.

ALCCRF FUNDRAISER - Lions Region 2 **OBSERVATION CAR RUN** which was to be held on Sunday 17 March was cancelled due to lack of support. There were only 2 entries – one each from Wodonga and Strathmerton Lions clubs.

This event was well advertised through the local newspapers, social media, flyers in shop windows, flyers to all car clubs in the area, advertised in the District Roar for months and all clubs in our District received a flyer. It is a very disappointing outcome! Some might say “**Bad timing**”. We say “**When is the right time**”?

Thanks to the small committee of Lions who went to the trouble of organising this event. Thanks go to Echuca Lions for their offer to provide the morning tea and to Nathalia Lions who were to provide lunch at the finishing line. This event was successfully held in May 2022 and proved a popular event by those who participated hence the reason to give it another try for the sake of Kids Cancer!



A message from ALCCRF Chairman Ron Skeen regarding direct approaches by non Lions organisations also involved in Childhood Cancer Research.

These are reputable organisations that have worked with the Foundation in the past. If you receive emails from non Lions organisations that you don't wish to receive in the future, there is usually an opt – out option at the bottom of the email or phone them and ask to be taken off their mailing list.



Helen Hastie

ALCCRF

Ph: 0428 590 348

hope.vic@lions.org.au



NINE TYPES OF CHILDHOOD CANCER

Leukaemia: # Brain and Central Nervous System Cancers: # Lymphoma (including Hodgkin and non Hodgkin): # Neuroblastoma: # Bone Cancer: # Sarcoma: # Kidney Tumours: # Liver: # Melanoma:

Two of the most common cancers:

The most common form of Leukaemia in Children is acute **Lymphoblastic Leukaemia** or ALL cancer. Cancer of the white blood cells can be very dangerous, as it affects bone marrow and prevents it from producing healthy red blood cells. This puts children at a higher risk of infection. Acute Lymphoblastic Leukaemia symptoms in children include bruising and anaemia ALL is the only form of Leukaemia – and one of the few forms of cancer – that is more common in children than adults.

Brain and Central Nervous System Cancers:

The brain and the spinal cord make up the central nervous system (CNS). Different types of tumours can start in the CNS, they are all different cancers, and need to be treated differently.

This section focuses on brain and CNS tumours that start in the CNS. It doesn't include information about cancers that spread, or metastasise, on the brain or CNS.

Important Facts:

Today more than 8 out of 10 children in Australia survive their disease and the number of adults who are survivors of childhood cancer has increased to 1 in 900.

Lions Australia has been supporting childhood cancer at least as far back as 1976.

Lions formalised its support for Childhood cancer establishing the Lions Cord Blood & Childhood Cancer Research Appeal.

Lions has raised well over \$10 million for childhood cancer research.

The establishment of the Australian Lions Childhood Cancer Research Foundation (ALCCRF) has taken Lions commitment to focus on achieving 100% survival for kids with cancer to a new level.

Lions Clubs International



Convention 2024 June 21 - 25

This is once in a long time where a Lions Clubs International Convention is held in Australia. The first convention in the Southern Hemisphere was held in 1991.

This is an opportunity not to be missed. This is a forum that presents an opportunity to learn from others, exchange ideas and explore new ways of reaching out and supporting our communities.

Visit

www.melbourne2024.org.au



FUNDRAISING GOLF DAY

Presented by
ECHUCA LIONS CLUB Inc.

Major Sponsor
Rich River Golf Club

Sunday - 14th April 2024



Assemble 8.00 am
Shotgun Start 8.30 am

- 4 Ball Medley Stableford
- Open to all handicap and non handicap golfers
- Entry Fee \$20.00
- Includes light lunch

Great Prizes to be won

All entries to Rich River Pro Shop Phone 54813372

All Monies raised will be donated to
Pancreatic Cancer Fund



Cobram Lions Market Dates

Federation Park, Punt Road, Cobram

NEXT MARKET 27th April

25th May 29th June



Upper Kiewa Valley Lions

JOIN US to celebrate 60 years of service to the community!

Saturday, April 6th 2024
Mt Beauty Community Centre
Drop in between 11am - 2pm

Share a cuppa and cake!
Help us celebrate the Lions Club volunteers working to support your community!



Trivia Night

12TH APRIL 2024 7:00 PM
Anglican Church Hall
\$10 per head - table of 6
BYO Drinks & Nibbles



Bookings - Faye Donaldson - 0488 043 339



Welcome, new Lions!

#WorldwideInductionDay
April 27, 2024
District 201V6



A fishing experience never to be missed!

Tungamah Leos ANNUAL CARP MUSTER

AT TUNGAMAH LIONS PARK (BY THE BOOSEY)

SUNDAY, 14th APRIL, 2024
11am TILL 2pm

\$10 for Adults \$5 for Kids
\$25 for a family

Lunch included in entry fee

Contact Les Harrison on 0417 301 797



TRIVIA NIGHT #2

HOSTED BY THE EAST LODDON LIONS

11TH MAY 2024
7.30PM START

AT THE DINGEE HALL - 28 MACK STREET, DINGEE

\$10 PER PERSON
(MAXIMUM OF 8 PER TABLE)


BYO FOOD/SNACKS - DRINKS AT BAR PRICES
TRIVIA - RAFFLES - GAMES

BOOKINGS & ENQUIRIES - CLUB SECRETARY - 0428 366 220
OR email: eastloddon.vic@lions.org.au

PRE PAY TO SECURE YOUR TABLE - BSB 633 000 ACCOUNT # 160 550 794


KIDZ ONLY! DON'T HAVE 8 FOR A TABLE, THAT'S OK, YOU CAN JOIN A TABLE ON THE NIGHT

WE ARE RAISING MONEY FOR THE LIONS PROSTATE CANCER RESEARCH AND TREATMENT PROJECT



National Volunteer Week

20-26 MAY 2024
Something for Everyone



WHAT DO YOU HAVE PLANNED?

72nd MD 201 Convention

DARWIN

24-27 May 2024 | Tropical Bliss



REGISTER NOW

www.mdconv201.com

18 March 2024

Only 2 months to go

We are nine weeks until the start of the 72nd MD 201 Convention celebrating Darwin Tropical Bliss. In this issue there will be vital information about bookings and opportunities to make significant savings.

Register now

Registrations are open now. Go to the convention web page <https://mdconv201.com/> click on "Register"

Make sure you complete one form for each person attending the convention. Every couple should have 2 forms.

Please make sure you select only one of the afternoon workshop/visit options. They all happen simultaneously.

Special NT Government incentives

You can access part of \$1 Million dollars in incentives, up until 30 April. Book your tourism activities through NT Tourism and receive an a 25% discount on bookings under \$5,000 made through their office. Once the pool is exhausted the offer ends, so make those bookings now.



Shuttle bus bookings

If you have registered for the shuttle bus transport, and put TBA as your hotel, please email your accommodation location to mdcon24.reg@gmail.com. So that shuttle bus routes can be planned and printed.

Convention Centre Parking

For those of you who are driving, or booking a rental car, we have made a deal with the Convention center. We have a limited number of \$5 per day parking vouchers which can be accessed on request from Convention Chair Delma via mdcon24.chair@gmail.com. Please note that weekend parking is free in all outdoor parking areas.

Welcome Dinner Table Bookings

As the Welcome Dinner is on the first day of convention, you will not be able to make your table bookings as we usually would.

To make a table booking of 10 people, so that you to sit with your Club members and friends please email mdcon24.reg@gmail.com or call Chris Ramsey on 0419 854 772 to make your bookings.

After the registration session, those people who do not yet have tables will be assigned by the Convention Committee.

Display Booths

Are you responsible for a project booth? Have you organised your booth in the convention centre?

Contact Chris at mdcon24.reg@gmail.com to ensure your booth booking. Numbers are limited so ensure you finalise your requirements as soon as possible.

Please ensure that any electrical items you plan to use in the display booths are tested and tagged. If your items are not tagged, this can be arranged by the Convention Centre staff for a small fee per item.

Mindil Beach Farewell Reception



For the Sunday evening's Farewell reception, the shuttle busses will drop attendees off at the location on the centre left of our map. Our VIP section is a 300m walk at the other end of the markets. If you have mobility issues, consider a taxi which can drop you off closer to the VIP area.

Committee Contacts

If you have any queries about that we have not addressed so far, please contact the committee. Convention Chair Delma Swan – mdcon24.chair@gmail.com





Australian Lions Foundation

Sari-Elle's Everest Goal

\$120,000

Help Sari-Elle achieve her goal of \$120,000 for the Australian Lions Foundation Compassionate Grants Fund. **She has only 2 months to go** before she embarks on this courageous mission to run the Tenzing Hillary Everest Marathon, one of the most gruelling runs in the world.

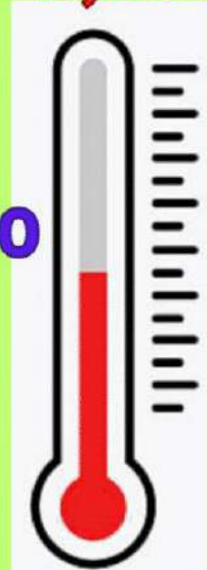
See the Account Details on the bottom of the attached picture, for your Club donate to this worthy cause.

Lion Sari-Elle's mission is to raise **\$120,000** to help change lives through the Australian Lions Foundation, by completing the highest marathon on earth. Donate Now to help her achieve this remarkable goal.

www.givenow.com.au/cr/everestmarathon

\$55,450

\$120,000



**ALF
COMPASSIONATE
GRANT FUND
BSB 036-157
A/C 535251**





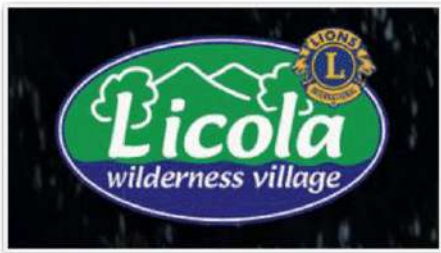
Big Audacious Mission

100+ IDEAS

1. Ask Someone – Just Ask!
2. Bring a guest to meetings.
3. Invite family members to join.
4. Lead by example – how many members have you recruited?
5. Use word of mouth.
6. Network with co-workers, friends, and family.
7. Write to the press about the projects/services your Club is working on.
8. Publicise Club successes, elections, events in local media.
9. Circulate your Club newsletter widely.
10. Design a Club brochure using a Club recruitment brochure template.
11. Send letters to people in the news with an invitation to visit the Club.
12. Build a Club website and social media presence.
13. Advertise in newspapers and social media.
14. Invite the media to cover well known speakers you have to your events.
15. Place brochures in doctors' offices, cafes, libraries, community centres.
16. Give Club brochures to Real Estate Agents and ask them to hand to new community members.
17. Create videos of your events and promote your Club on Facebook and YouTube.
18. Have a booth or membership trailer at fetes, fairs, festivals, markets, and service projects.
19. Put posters in public areas. (see "We are Lions" Club Recruitment Poster, look at posters other Lions have created. Pinterest page of posters using our Global Causes).
20. Print Club business cards with Club meeting location and time.
21. Put together guest information packs.
22. Letters to or personal contact with local businesses.
23. Use email contacts to promote your Club.
24. Advertise that Lions is in your town/ suburb on town border signs (include logo & meeting place/time).
25. Promote and participate in Lap the Map for Diabetes – ask participants to join Lions.
26. Make sure your website and Facebook information is up to date and relevant.
27. Honour outstanding community members with awards such as Melvin Jones Fellow or Club awards.
28. Have members give talks at other organisations about Lions and Club service/projects.
29. Distribute extra copies of LION magazine and attached information in waiting rooms.
30. Place QR codes with your Club's address on pamphlets, and cake and mint outlets.
31. Contact your local council.
32. Have public meetings.
33. Place customised bookmarks in libraries.
34. Advertise at sports events or sponsor a sports event.
35. Have a clear Club Membership goal and strategic plan.
36. Make the Membership Chair an active Club Officer that reports at each meeting. Put membership firmly on the agenda.
37. Ask for help from you Region/Zone Chairperson, GMT District Coordinator, DG Team, MD Team.
38. Ask the DG, Zone Chair and GAT Coordinators to speak at your board meetings.
39. Hold a Club meeting that is totally focused on membership.
40. Send Club Members to a District membership seminar.
41. Don't take age into consideration.
42. Update your Club's satisfaction surveys – Your Club Your Way / Know your ratings / CQI.
43. Look for diversity in your membership.
44. Give a money back guarantee – if after 3 months a new member does not want to stay, return their fees.
45. If your Club meeting ☐ times do not suit a new prospect, then recommend other clubs in the area.
46. Ask former LEOS, YOTY contestants, vision screening, school contacts etc.
47. Make sure your service projects are relevant to your community.
48. Hold joint meetings with partners/groups.
49. Share your Club experience with others – Tell the inspiring stories.
50. Participate in community events.
51. Hold recruiting events with two or more Clubs.
52. Use books, brochures, videos, posters, and other resources from the LCI and Australian websites.
53. Host an "Open House."
54. Hold a wine and cheese reception for prospective members.

55. Have a special guest day.
56. Make prospective members feel important.
57. Make some meetings social events.
58. Create more fun.
59. Follow up with guests.
60. Place a coloured dot on the back of every Member's phone to remind them to bring a guest.
61. Provide guests with free meals.
62. Hand out invitation cards for a "free" lunch (dinner, breakfast).
63. Bring your manager to a Club meeting.
64. Make contact with women's business associations.
65. Bring your co-workers to a Club meeting.
66. Bring your staff to a Club meeting.
67. Ask corporations and employers to sponsor or subsidise membership.
68. Have a reward/recognition program for those who bring in new members.
69. Provide brochures for new employee packets in local companies (see HR approval).
70. Wear your Lions pin at all times.
71. Have a New Member Application form available at all meetings.
72. Mention your Club at meetings of other organisations during announcements.
73. When asked about your leadership skills or career success, tell them Lions leadership opportunities.
74. Ask every Member to submit 3 prospects to the Membership Chair.
75. Give testimonials about your Club whilst guests are at the Club meeting.
76. Repeatedly invite prospective members.
77. Practice selling your Club at meetings. Have a 1-minute elevator speech ready.
78. Form/join a speakers' forum or organise a pool of speakers to be available for presentations.
79. Send the Club newsletter to your "Friends of Lions."
80. Give every member a Lions sticker or magnet stick on for their car.
81. Have members constantly promote and rave about the Club.
82. Meet at a good location.
83. Assign Members to a 5-person recruitment team – each team brings in new members every 6 months.
84. The Club President asks 3 Club Members as a personal favour to each recruit 1 new member.
85. Develop a strategic membership plan as a year-round priority – growth needs to be planned.
86. Have a large poster or website article that lists all Members who have sponsored a new Member.
87. Fill the professional gap you need to fulfil your service activities.
88. Display a thermometer showing progress toward the Club membership goal.
89. Have a great induction ceremony to welcome in new members.
90. Develop a welcome letter from the Presidents to all new Members.
91. Contact all Members who have resigned in the last 3 years.
92. Recognise new Members in newsletter/social media/District newsletter.
93. Regularly check the LCI website for ideas.
94. Visit other Club, District, Multiple District websites and social media for new ideas.
95. As recipients of your Club's service or donations (or LCIF) to speak for Lions.
96. Pass out Lions mints or cakes.
97. Run a "Cleveland Bay" free raffle.
98. Use your District Marketing/Promotion trailer at projects.
99. Market yourselves – wear your Club uniform with pride.
100. Make sure you have an extra person at activities to speak about Lions.
101. Check into the Global Lions Forum.
102. Use environmental projects and services to attract new and younger members.
103. Come up with Big Audacious Plans and act upon them.
104. Run a food drive of nonperishable items and call for membership.
105. Run blanket drive pre winter and call for new membership.





LICOLA CORNER

March 2024



Chairperson's Report - Denis Carruthers

Firstly, our sincere thanks to the Lions Clubs that have answered my "Call to Action" in the previous newsletter - see below.

* **Not nearly enough Lions Clubs regularly support Licola financially.** Victorian Lions own Licola, which has a book value (total equity) of just under \$7.5million as at 12/2023. Anyone that owns property understands that it costs money to do so; rates, insurance, repairs & maintenance, capital expenditure, etc. Licola has a diverse ownership spread over 300 Clubs, but the principle remains the same.

CALL TO ACTION!!

As we head towards the end of the current financial year, we urge ALL Lions Clubs to donate a minimum of \$1,000 to Licola.

This would provide a massive and much needed boost of over \$300,000.

Please consider seriously, and we are very happy to discuss further with anyone or any Club.

Thank you in anticipation.

A reminder that ALL Victorian Lions Clubs own Licola, and we need the active financial support of EVERY Club in order to keep Licola alive and well.

Secondly, on the subject of financial support from Lions, the photo below is from the 201 V5 Zone 5 meeting in February 2024 which recognised the generous contribution of \$19,300 from the Zone 5 Clubs to the Licola accommodation project, which is nearly complete.

Our grateful thanks to Zone 5 Chair Anthony Singarasa (green shirt) and the Lions Clubs of Boronia, Croydon-Mooroolbark, Heathmont, Lysterfield, Wantirna and Wheelers Hill.



Thirdly, it is our intention going forward to provide a monthly operating Profit & Loss summary in order that all Lions understand Licola's financial health.

The summary below indicates that we will achieve a net operating loss of \$90,000 for the year (our financial year ends at March 31).

Note that this summary excludes depreciation, which when included, will result in an operating loss of well over \$250,000.

Profit and Loss Budget Performance

Lions Village Licola Inc.

For the month ended 29 February 2024

Account	Feb 2024	Months Budget	Variance	Actual YTD	Budget YTD	Variance YTD	Total Budget
Trading Income							
Weekday Camp Sales	0.00	10,000.00	10,000.00	81,001.21	51,000.00	30,001.21	91,000.00
Weekend Camp Income	81,980.33	95,000.00	13,019.67	185,452.28	250,000.00	(64,547.72)	340,000.00
Donations Lions Sponsored Camps	0.00	0.00	0.00	99,660.00	92,000.00	7,660.00	92,000.00
Donations Special Needs Camps	0.00	0.00	0.00	26,408.00	37,000.00	(10,592.00)	37,000.00
Total Trading Income	81,980.33	105,000.00	23,019.67	392,521.49	430,000.00	(37,478.51)	560,000.00
OTHER INCOME							
Other Income	8,846.69	11,016.00	2,169.31	146,675.78	153,176.00	(6,500.22)	164,192.00
Total OTHER INCOME	8,846.69	11,016.00	2,169.31	146,675.78	153,176.00	(6,500.22)	164,192.00
Gross Profit	90,827.02	116,016.00	25,188.98	539,197.27	583,176.00	(43,978.73)	724,192.00
Operating Expenses							
VARIABLE CAMP COST	8,388.23	40,950.00	32,561.77	119,104.31	210,020.00	(90,915.69)	260,720.00
ADMINISTRATION	14,010.17	7,290.00	(6,720.17)	121,311.43	116,490.00	4,821.43	123,930.00
POWER GENERATION	4,116.00	2,600.00	(1,516.00)	44,638.09	33,600.00	11,038.09	36,200.00
BUILDINGS AND OPERATIONS	3,755.72	5,740.00	1,984.28	65,015.20	73,640.00	(8,624.80)	79,380.00
SERVICES	611.45	1,880.00	1,268.55	13,950.51	24,480.00	(10,529.49)	26,160.00
STAFF EXPENSES FIXED	25,278.56	21,340.00	(3,938.56)	291,712.28	257,594.00	34,118.28	288,239.00
Total Operating Expenses	56,160.13	79,800.00	23,639.87	655,731.82	715,824.00	(60,092.18)	814,629.00
Net Profit	34,666.89	36,216.00	1,549.11	(116,534.55)	(132,648.00)	16,113.45	(90,437.00)

THIS IS WHY WE NEED SUPPORT FROM EVERY CLUB, NOT JUST A HANDFUL.

Please note that the Licola Corner newsletter is now available on the Licola website licola.org.au

Go to the website, click on the Lions tab, and you will find current and past editions.

Finally, I have attached a copy of an article which appeared in the latest edition of the international Lion magazine which features. Great international exposure for Licola!

Licola Open Weekend 3-5- May 2024. For bookings etc admin@licola.org.au

Just a reminder to those Lions, and their friends, that we are having a Open Days on the first weekend in May.

As mentioned previously it has been a long time since the last Open Days and we just want to give everyone a chance to book in early if you want to come up and stay overnight.

The CFA have always put on a good display, fire engines and water pumps and hoses, a great hit with the younger children and our other activities will be available to use. So for anyone who has not been to Licola for a few years come and see for yourself just what a great place Licola is.

New online Lions Club of Licola Wilderness Village!

*Most of you would know all about the Lions Licola Wilderness Village. Many of you might have been there, or would certainly know of people who have benefited from an experience there. Now, no matter where you are in Australia, there is an opportunity for you - and other people you know - to become involved in providing real and ongoing support for Licola, through the formation of a proposed online **Lions Club of Licola Wilderness Village**.*

As an online club, you can join no matter where you live in Australia. You can help with fundraising for Licola in your own area, raising awareness of Licola and what it does, and you may even find children or families that might benefit from some time at Licola. When meetings are necessary, these will be held using online communications technologies such as Zoom.

This is a great opportunity to be a part of a new club that will help to ensure the ongoing health and success of the Licola Wilderness Village.

Interested? You can find out more by contacting any of the following people:

Steve Boyce 0407 430 657
Sandra Faull 0417 531 211

Georgina Boyce 0490 847 752
Geoff Turnbull 0427 229 322

There will be an online information meeting on April 17 commencing at 7pm. Be sure to register your interest with any of the above people if you'd like to know more!

Geoff Turnbull.

Operations Report Jan – March 2024

During the summer months, Licola experienced a surge in business, and the onset of 2024 was no different. From January through March, a total of 2920 bed nights were booked over the 12 weeks, translating to approximately 250 guests every week, each enjoying a stay spanning 2 to 3 nights.

This influx of visitors underscores Licola's enduring appeal as a destination.

These bookings have been growing by the year only through the Licola office management and constant engagement with the clients and always looking to improve their experience.

The success of these months can be largely attributed to the pivotal role played by catering services. With increased patronage and a notable rise in booking numbers, Licola witnessed renewed confidence in its offerings. Remarkably, over 90% of all catering needs were seamlessly managed in-house, marking a significant shift from the reliance on outsourced catering contractors or self-catering. This transition not only enhanced operational efficiency but also elevated the overall guest experience, as it allowed for greater control and customization of offerings to meet the diverse preferences of our clients.

During the peak season, Licola's small team produced over 6900 meals with at times limited resources and equipment failures and yet still received positive feedback consistently. The dedication to quality and customer satisfaction is building Licola's reputation for exceptional all-inclusive packages.

In March, Licola was honoured to be chosen by the NSW and ACT division of the Variety Club 4WD as a beneficiary of a \$6000 donation for our new mountain bike project and the acquisition of new bikes. We hosted 100 4WD enthusiasts for morning tea, during which I had the opportunity to

speak about the town, the Lions Club, and Licola's future direction. The collaboration with the Variety Club proved to be highly successful, and I eagerly anticipate growing and expanding this valuable relationship in the future.

Throughout our school programs, I had the chance to engage in discussions with teachers and principals, gaining insights into their perspectives on camps and the future of school outings. Unfortunately, the prevailing sentiment among the majority appears to be quite pessimistic. The ongoing challenge of teachers' time in lieu remains a significant issue, exacerbated by the shortage of teachers available to cover days off. This situation often leads to additional days off for children either before or after camps, in order to maintain operational numbers at school. Furthermore, the financial strain on parents is also a major factor, with some families finding it increasingly difficult to afford camp fees. Unfortunately, this trend is expected to continue rising, placing additional strain on families, and further impacting children's participation in school camps. The dependence on school camps for external income to sustain Licola is diminishing, a trend I openly anticipated back in 2021. To counteract this, the strategic decision to partner with entities like universities for the bulk of the summer season has proven pivotal in ensuring Licola's financial stability. Without the support of these groups, the financial outlook for Licola would be considerably dire.

Trevor

WOW, and that's all for this month, April's report should be also great, unless it issues on April 1st.

ALWF Youth Programmes Links...

To open, click any link below.

<https://tuneinnotout.com/mental-health/like-getting-help/>

www.tuneinnotout.com

www.freedomtofeelfantastic.com.au

www.alwf.org.au/resource-shop

ALWF Resources Page...

<https://alwf.org.au/resource-shop/vaping-and-new-australian-regulations/>



Factsheet

Vaping and New Australian Regulations

What is Vaping?

Vaping is also known as e-cigs, electronic cigarettes, vapes, vape pens, e-hookahs. Vaping refers to the act of inhaling and exhaling the aerosol, often flavoured, produced by an electronic cigarette (e-cigarette) or similar device. E-cigarettes are battery-operated devices that heat a liquid (e-liquid) to create an aerosol that the user inhales. They look like cigarettes, pens or memory sticks.

E-liquids typically contain nicotine, propylene glycol, vegetable glycerine, and flavourings. Many vapes sold illegally at retail stores or online without a prescription don't state they contain nicotine – even though they do. (1, 2) This may mean people using these vapes are dependent on nicotine without realising it. That's a problem because when someone stops using nicotine they go into withdrawal.

Nicotine is a highly addictive and toxic drug that can harm brain development and impact attention, learning, memory and changes in mood. (3) While the long-term harms are not fully known, the National Health and Medical Research Council has advised that

“all e-cigarette users are exposed to chemicals and toxins that have the potential to cause adverse health effects”.(7)

Nicotine withdrawal symptoms include: (4)

- irritability
- anxiety
- cravings

- having trouble concentrating
- sleep problems.
- feeling sad or depressed.

These symptoms usually peak in the first few days after someone stops using nicotine and they start to reduce in the weeks following.

All e-cigarettes, even those that don't contain nicotine, can contain dangerous substances in the liquids and the aerosol. These can include a number of known cancer-causing agents. (3)

New Reforms

New regulations to place stronger controls on the importation, manufacture, and supply of vapes have now been **made** and are being implemented in stages during 2024. These reforms are designed to protect Australians, particularly young people, from the harms of vaping and nicotine dependence while ensuring vapes remain available to patients with a prescription, where clinically appropriate.

From 1 January 2024, the importation of disposable vapes, irrespective of nicotine content, is banned under the Customs (Prohibited Imports) Regulations 1958, subject to very limited exceptions (e.g. scientific and medical research). This means that patients cannot purchase disposable vapes online from an overseas supplier, even if they have a prescription.

From 1 March 2024:

- the importation of reusable vapes, irrespective of nicotine content or therapeutic claims,

is banned, unless an import licence and permit is obtained. Only businesses will be eligible to obtain a licence and permit.

- the importation of all vapes under the personal importation scheme ends. Patients cannot order vapes, including reusable vapes, directly from overseas, even if they have a prescription.
- travellers entering Australia are banned from bringing vapes into the country, other than for their treatment or the treatment of someone they are caring for, subject to very strict quantity limits (6)

New restrictions to the advertising and promotion of e-cigarettes will also apply from 1 April 2024. (4)

Vapes that do not contain nicotine or any other active ingredient, and that do not make therapeutic claims, can continue to be lawfully supplied in retail stores, subject to compliance with relevant state and territory laws. (5)

What about therapeutic Vapes?

Some therapeutic vapes will be allowed. These are vapes prescribed by a doctor or nurse practitioner for someone quitting smoking or managing a nicotine dependence (addiction). (6)

The Personal Importation Scheme for vapes will no longer be available and only authorised pharmacies or their suppliers with an import permit will be able to bring any e-cigarettes (with or without nicotine) into the country. (6)

Patients can get further information on how they can lawfully access vapes for use for smoking cessation or the management of nicotine dependence at **Vapes: Information for Patients factsheet**.

Why the change?

There is growing concern around young people vaping. (6) Young people who vape are 3 times more likely to take up smoking cigarettes.

The **2022-2023 National Drug Strategy Household Survey 2022-2023** findings showed the use of electronic cigarettes and vapes among people aged 14 years and over nearly tripled between 2019 (2.5%) and 2022-2023 (7.00%). And use appears to be common in young people with around half of people aged 18-24 (49%) had used e-cigarettes and vapes in their lifetime in 2022-2023. For those aged 14 to 17 the increase was more than five-fold with 1 in 4 people age having used e-cigarettes in their lifetime (from 1.8% to 9.7%). (8)

The research shows the top reasons young people are using e-cigarettes are out of curiosity and they taste better than regular cigarettes. In Older people, the top use was to help quit smoking. (8)

What can I do if I currently vape?

If you, or someone in your life, wants to use nicotine vapes to stop smoking or manage a nicotine dependence, talk to a GP.

They may issue a prescription for accessing e-cigarettes legally or provide you with other support and guidance. There's also a range of resources and services that can help people interested in quitting.

Help and resources.

- **Quit** (13 78 48) has a range of resources – including making a **quit plan**,
- quitting **tips and tactics** and **resources and factsheets** for parents. While some of these are designed for people quitting smoking, they can also be used to help quit vaping.
- Access resources at <https://insight.qld.edu.au/toolkits/vaping/detail>.
- Information for patient factsheet <https://www.tga.gov.au/products/unapproved-therapeutic-goods/vaping-hub/vapes-information-patients>

References

- ongenelis MI. Challenges and opportunities associated with e-cigarettes in Australia: A qualitative study. Australian and New Zealand Journal of Public Health, [Internet]. 2023 [24.01.2024]; 47(1). Available from: <https://adf.on.worldcat.org/oclc/9771306191>.
- Therapeutic Goods Administration. Potential reforms to the regulation of nicotine vaping products: Consultation paper. 2022 [24.01.2024]. Available from: <https://consultations.tga.gov.au/medicines-regulation-division/proposed-reforms-to-the-regulation-of-nicotine-vap/user/uploads/tga-consultation-paper—nicotine-vaping-products—nov-22-1.pdf>.
- <https://www.health.gov.au/topics/smoking-vaping-and-tobacco/about-vaping>
 - * National Institute of Drug Abuse (NIDA). Is nicotine addictive? 2022 [24.01.2024].

Available from: <https://nida.nih.gov/publications/research-reports/tobacco-nicotine-e-cigarettes/nicotine-addictive>.

- * <https://www.tga.gov.au/products/unapproved-therapeutic-goods/vaping-hub/vapes-information-patients>
- Therapeutic Goods Administration (TGA). New regulation of vapes starting January 2024. 2023 [24.01.2024]. Available from: <https://www.tga.gov.au/news/media-releases/new-regulation-vapes-starting-january-2024>.
- * <https://adf.org.au/insights/vaping-changes-australia>
- * <https://www.aihw.gov.au/reports/illicit-use-of-drugs/national-drug-strategy-household-survey/contents/about-National-Drug-Strategy-Household-Survey-2022-2023>

Other Factsheets

Click on any link below...

[2024 Health & Wellbeing Calendar](#)

[Alcohol...is it just a drink](#)

[Worried About Someone's Alcohol and Other Drug Use](#)

[Talking About Alcohol and Other Drugs with Young People](#)

[Safe Partying](#)

[Top 10 Tips for Creating Resilient Families](#)

[Living Around Pain](#)

[How Are You Doing?](#)

[Self Care for Beginners](#)

[Vaping and New Australian Regulations](#)



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following us....**

Facebook

<http://facebook.com/201V6Lions>

Member's Only Group

[https://
www.facebook.com/
groups/
676430540448974](https://www.facebook.com/groups/676430540448974)

Instagram

[@lionsdistrictv6](https://www.instagram.com/lionsdistrictv6)

Twitter

[@201_v6](https://twitter.com/201_v6)



Links, Contacts & Useful contacts...

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2nd Vice District Governor

Paul Shortis (Wodonga)
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Cabinet Treasurer

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DISTRICT WEBSITE - www.201v6.lions.org.au

MEMBERSHIP TRAILER BOOKINGS - <https://calendly.com/v6trailer>

Promoting Clubs through the District Newsletter - the ROAR

- Do you have an UPCOMING EVENT? Have you had an event you'd like to tell us about?
- Best place to promote it is through the Roar!
- **Cut off date is the 28th of each month** (items arriving after that date may not make it in but will be held over till the next one).
- Please send articles in a Word file (not a PDF)

EMAIL - v6roar@gmail.com

